

NEW JERSEY NURSING STUDENTS, INC.

66TH ANNUAL CONVENTION

*Caring and Endurance:
Finding the Balance*



MARCH 1-2, 2018

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GREETINGS FROM THE PRESIDENT

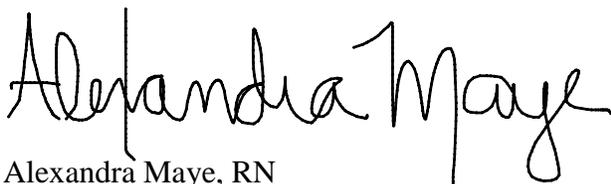
Welcome to the New Jersey Nursing Students, Inc. (NJNS) 66th annual convention! It is such a honor to connect students, faculty, and directors from across the state of New Jersey who share the same passion for nursing! On behalf of the members of the board of directors, I would like to extend our warmest welcome and greetings. We could not be more excited to meet all of you.

While in nursing school I realized how often my peers and I put our own health and mental wellness on the back-burner in an effort to excel during clinical rotations and exams. Realizing the importance of personal wellness, I have focused my presidency on reminding student nurses, nurses, and health care professionals on the importance of taking care of one's own mind, body, and spirit to ensure personal wellness. The theme of this year's 2018 convention, *Caring and Endurance: Finding the Balance*, will impart the importance of being one's best self. Our board has brought together faculty, administrators, and other members of the nursing community to teach and inspire you.

Over the next day and a half, distinguished speakers will conduct numerous sessions on an array of topics. You will be given the opportunity to network, make new friends, and gain new knowledge of the process parliamentary procedure. This convention is full of opportunities, so please be sure to take advantage of everything that is offered! Visit our enormous exhibition hall, meet potential employers and school representatives, attend our First Night Party with its Superhero theme, and experience a night of fun, food, dancing, and photos!

Plan to attend the opening ceremony where our keynote speaker, Bob Atkins, PhD, RN, FAAN, will discuss the present and future of nursing and explore ways in which you can become an advocate for patients in our local communities.

I would like to take this time to thank everyone who helped make this convention successful. It would not have been possible without the generosity of our sponsors and advertisers. I would like to thank all our speakers and faculty for enriching us with their knowledge. I would also like to thank all the board members and the outstanding advisors who put in endless hours of hard work to make this an exciting event. Thank you so much for joining us and I hope you have a memorable experience.



Alexandra Maye, RN
President , 2017-2018
New Jersey Nursing Students, Inc.

2017-2018 Executive Board

President:	Alexandra Maye, RN
First Vice-President:	Closed
Second Vice-President	Julie Titus, RN
Secretary:	Melissa Kapcsandi
Treasurer:	Sonam Patel, RN
<i>Pulsebeat</i> Editor/Public Relations Director:	Martina Achanfuo-Yeboah, RN
Membership/Nominations Director:	Ara Kim
Breakthrough to Nursing Director:	Melissa Kapcsandi
Legislation Director:	Kerry Conboy
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Fundraising Director:	Bora Son
Community Health Director:	Stephanie Rogers
NJSNA Consultant:	Barbara Chamberlain, PhD, APRN
NJLN Consultant:	Kim Seaman, MSN, RN, CNE
Parliamentarian:	Barbara Chamberlain, PhD, APRN
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Tuition: Early Bird: \$89 (60+ days before); Regular: \$110 (59-11 days before); Late: \$130 (within 10 days) / at the door \$150 (CASH ONLY @ THE DOOR). Handout provided. **This event sells out early.**

Dates/Venues: Program begins at 8:30a – and ends approximately 4:30p; lunch is on your own (12p – 1p)

Venue (The Front Desk will direct you to the Ballroom hosting your course)	Date	ID
NJ: Meadowlands Holiday Inn 300 Plaza Drive, Secaucus	May 21 st 2018	008766
NJ: Piscataway Holiday Inn 4701 Stelton Road, South Plainfield	May 22 nd 2018	008767

Cannot attend? Call our office; we can come to your school! No refunds/transfers/credits for this event.

Check our website often, as we may have added dates/venues since this flyer was printed.

Contact hours may be available for this event, for those already licensed in nursing (i.e. LPNs). Other professions (i.e. EMTs) should verify with their licensing/certifying board for nursing contact hours acceptance. See our website for more information.

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BOARD OF DIRECTORS BIOGRAPHIES

President



Alexandra Maye, RN

My name is Alexandra Maye and it has been an exciting and humbling experience to serve as your 2017-2018 President! Since joining the board as the Breakthrough to Nursing (BTN) Director at the 2016 convention, my enthusiasm and appreciation for the work of New Jersey Nursing Students, Inc. (NJNS) has only increased. I have had the great opportunity of meeting and networking with so many enthusiastic nursing students throughout New Jersey. I believe that it is so important to have an organization like NJNS that allows students to be involved on the pre-professional level and teaches us the importance of uniting as student nurses and future registered nurses (RNs). One of my favorite African proverbs, “If you want to go fast, go alone. If you want to go far, go together”, resonates with me because I think it applies to many facets of life, specifically the lives of nurses. Nurses are the most trusted professionals in the world, according to the Gallop Poll (Norman, 2016), because we take the time to work with *each other* and other healthcare professionals *collaboratively* to get the job done.

I am a University of Maryland, College Park 2015 graduate with a Bachelor of Arts in Criminology and Criminal Justice. I am also a proud graduate of JFK Muhlenberg Dorothy A. and Harold B. Snyder School of Nursing where I completed their rigorous nursing program this past fall. I’m excited to be continuing my education at New Jersey City University’s RN-BSN nursing program.

I fell in love with nursing during my senior year of college during my Maternal and Child Health course at the University of Maryland. In this course, I learned how guest speaker and registered nurse, Vickye Hayter, lowered the infant mortality rate in her Santa Clara community through various interventions. This sparked my interest in pursuing a career as a registered nurse and working collaboratively on legislation that allows patients to have an advocate on their behalf. Nursing is a career path where I can combine advocating for patients and healthcare knowledge with my public speaking skills and caring personality.

Aside from studying, reading, spending time with my friends and family, and enjoying a good movie, I dedicate time to the Coalition for Plainfield Cares, volunteering at its annual Thanksgiving and Christmas dinners for residents in our community and the Central Jersey Alumnae Chapter of Delta Sigma Theta Sorority. I believe that it is equally important to give back to my community and volunteer whenever possible because “to whom much is given, much is required.”

As I fulfill my term duties, the exceptional, passionate board members will continue the legacy of NJNS by uniting nursing students throughout the state so we may go far and excel together. I

am always open to feedback so please feel free to contact me at alexandra.maye@yahoo.com with ideas or questions. Happy nursing!

Reference

Norman, J. (2016, December 16). Americans rate healthcare providers high on ethics. Retrieved May 21, 2017, from <http://www.gallup.com/poll/200057/americans-rate-healthcare-providers-high-honesty-ethics.aspx>

Second Vice President



Julie Titus, RN

My name is Julie Titus and I am the Second Vice President on the New Jersey Nursing Students, Inc. (NJNS) board for the 2017-2018 term. I graduated from JFK Muhlenberg Harold B. and Dorothy A. Snyder School of Nursing, with a diploma in nursing and from Union County College with an Associate's degree. I am employed at Newark Beth Israel as a registered nurse in the float pool. I will be attending New Jersey City University Bachelor's in Nursing (BSN) program this spring.

In 2012, I graduated from Fairleigh Dickinson University with a Bachelor's of Science degree in Biology. Throughout my college career, I have gained many skills working as a veterinary technician since 2008. I have a strong work ethic, expert problem solving and time management skills, and most importantly, excellence as a team player. I have participated in several community based organizations, like Habitat for Humanity, and a local non-profit ovarian cancer awareness group, called Graceful Hope.

NJNS is an excellent organization for nursing students to gain knowledge about furthering their education, career opportunities and scholarships. This is my second term on the NJNS board. Previously, I was the Membership/Nominations Director of the 2016-17 term. I have experience as a NJNS convention delegate, as well as a monitor for the New Jersey League for Nurses (NJLN) annual convention. As part of my responsibilities, I am accountable to obtain the focus session speakers for the NJNS annual convention. I look forward to connecting with all of you.

Julie Titus
2ndvp@njnsinc.org

Secretary/Breakthrough to Nursing Director



Melissa Kapcsandi

Hello! My name is Melissa Kapcsandi and I am the Secretary and Breakthrough to Nursing (BTN) Director of the New Jersey Nursing Students, Inc. (NJNS). I am enrolled at JFK Muhlenberg Harold B. and Dorothy A. Snyder School of Nursing and anticipate graduating in May, 2018 with a diploma in nursing and an Associate's degree in Science Union County College.

Throughout the years, I've volunteered in different areas which led to my strong passion to work in healthcare. In high school, I coached children in and easily found connections to my coaching experiences with the growth and development of youngsters. Clinical experiences reminded me of my time as a patient, and of the phenomenal nurses who cared for me when my nightmares were a reality. More recently, I was a monitor at the 2016 New Jersey League for Nursing (NJLN) convention and a delegate for the 2017 NJNS convention, where I had the opportunity to be elected as a board member. Lastly, I received the Switzer Foundation Scholarship fall 2017 for outstanding academic achievement.

I've worked as a pharmacy technician for six years which helped advance my knowledge of pharmacology, medication administration, and pathophysiology. I've also volunteered at health care fairs and clinics providing the opportunity to take vital signs for patients.

My goal this year as the Breakthrough to Nursing Director is to promote a positive image of nursing and to increase diversity and awareness of nursing as a career choice.

Feel free to contact me at melissa.kapcsandi@gmail.com with any ideas or questions.

Treasurer



Sonam Patel, RN

Hello, my name is Sonam Patel and I am serving as the Treasurer for New Jersey Nursing Students, Inc. (NJNS) for 2017-2018. I hold both Associate's and Bachelor's degrees in psychology. I graduated from JFK Muhlenberg School of Nursing in May 2017 and passed the NCLEX in the summer.

I have worked in the medical field as an emergency medical technician (EMT) for over 6 years and as an emergency medical supervisor (EMS). Through this career choice I fell in love with healthcare and everything that it encompassed. Over the years I learned so many interesting things that I wanted to further my career to become a nurse. I recently accepted my first position on a telemetry/step down unit as a registered nurse. Transitioning from a nursing student to a nurse has been a major learning curve, but I can say that NJNS has really helped bridge this transition. If you have any questions please do not hesitate to reach out to me at sp081489@gmail.com.

Pulsebeat Editor/Public Relations Director



Martina Achanfuo-Yeboah, RN

Hello! My name is Martina Achanfuo-Yeboah. It has been an honor to serve as the 2017-2018 *Pulsebeat* Editor/Public Relations Director of the New Jersey Nursing Students, Inc. (NJNS). I am a graduate of Essex County College of Nursing and a current student at New Jersey City University for my RN-BSN. This past August, I passed my boards and officially had the

title registered nurse (RN) added to my name; it still feels like a dream. I am fortunate enough to be employed as an orthopedic nurse at University Hospital in Newark, NJ.

Prior to nursing school, I worked as a nursing assistant at a local nursing home. I enjoyed my job but noticed that I was unfulfilled and blind to the role of a nurse. The veil was lifted once I was employed as a nursing assistant at University Hospital in Newark, NJ. I saw that nurses were the center piece to the puzzle of patient care. Nurses connect with patients, patient families, physicians and others within the health care team. From that moment, I fell in love with nursing and the love grew while in school. I was more than willing to learn and when the opportunity came for me to represent Essex County College as a delegate at the NJNS convention and I told myself I wouldn't let this opportunity pass.

I was excited when the position for *Pulsebeat* editor was vacant because I knew this will be a great opportunity to improve my leadership skills and give back to the community. I am a highly focused, energetic individual who never backs down from a challenge and believes that anything is possible. With this mentality and the continuous help and support from board members and the advisors, I know I can continue to perform the duties of this position effectively until I pass on the torch to a successor.

Please feel free to contact me with any questions or ideas you may have at pulsebeat@njnsinc.org; your opinions and input are welcomed. We are nurses!

Membership/Nominations Director



Ara Kim

Hello, New Jersey nursing students! My name is Ara Kim and it is an honor to be able to serve as the Membership/Nominations Director of NJNS for the 2017-2018 year. I am incredibly grateful for the opportunity to be a part of an organization that is dedicated to helping the nursing students of New Jersey.

I am currently enrolled at Rutgers School of Nursing in New Brunswick pursuing a Bachelor of Science degree in nursing. During my time at Rutgers University, I have been active in the Rutgers Student Nurses' Association as an academic assistant, Academic Assistance Chair, and currently as treasurer. I also serve as treasurer of the Rutgers International Nursing Students Association, as well as a peer mentor for the School of Nursing. I hope that my experience in these positions will help me bring fresh ideas to the state board.

As a delegate for Rutgers University New Brunswick at the New Jersey Nursing Students, Inc. (NJNS) convention in Atlantic City this past March, I was nominated to be a member of the board. I am blessed to have the opportunity to be a part of the change involving nursing students in New Jersey, and I am very excited to work with other passionate board members who all share the common goal of aiding nursing students around the state to be the very best they can be.

As Membership/Nominations Director, I hope to speak with other nursing students across the state to educate them about this organization and the opportunities and events that they may attend for their benefit. I have had the opportunity to speak at Passaic County College this past December, and would love to continue speaking to students about the benefits of the National Student Nurses Association (NSNA) and NJNS. We had outstanding attendance at our annual Council of School Participants (COSP) this past October, and I hope to also see another increase in attendance at our annual NJNS convention this coming March!

Once again, I would like to thank you for the gracious opportunity to serve as the Membership/Nominations Director this year and I am excited to see what the rest of this year will bring. Please feel free to contact me with any questions or ideas that you may have.

Ara Kim

arakatherine97@gmail.com

Legislation Director



Kerry Conboy

Hello! My name is Kerry Conboy and I am the 2017-2018 Legislation Director for New Jersey Nursing Students, Inc. (NJNS). I started my nursing journey at Bergen Community College (BCC) where I received an Associate's Degree in Science. I also received an award for graduating with a 4.0 average and for being in the top 1% of my class. I knew nursing was the career for me because I have compassion for people and the satisfaction of helping others. After BCC I transferred to Felician University where I am currently a junior. I was also chosen to be a delegate at the 2017 NJNS convention in Atlantic City where I decided to run for the position as Legislation Director. Even with good grades I never realized how difficult nursing school was. Nursing school is about learning how to think critically in difficult situations and, after clinical hours, I have the utmost respect for nurses and I am proud to have chosen this career.

As Legislation Director my goal is to inform nursing students of current legislation and issues and provide students with the contact information for representatives so their voices are heard. Since healthcare in this country is in a state of flux, it is imperative that nurses' voices are heard because healthcare will affect us as nurses and citizens.

Please contact me at conboykerry1996@gmail.com if you have any legislative questions.

Resolutions Director



Victoria Giordano

Hello, fellow New Jersey nursing students! My name is Victoria Giordano, and I am honored and excited to be serving as the Resolutions Director for New Jersey Nursing Students, Inc. (NJNS) for the 2017-2018 school year. This position allows me to promote awareness and education about a specific issue in nursing.

I'll be graduating in May 2018 with a Bachelor of Science in Nursing from the second degree accelerated program at Rutgers University in New Brunswick. My first degree was from Monmouth University where I received a Bachelor of Arts in Communication, specializing in public relations (PR) and journalism.

My career change was unexpected and certainly a challenging transition. I worked for three years in the professional world of PR in the healthcare, medical, and dental fields. Most of my time was spent writing, editing, pitching to the media, and moderating interviews at special events. During a media event at a hospital, I visited the neonatal intensive care unit (NICU) for an interview with a family and their nurses. Immediately after leaving the hospital that day, I knew I could no longer be behind the scenes of patient care. It was that night that I began my research on nursing, and I enrolled in prerequisites the following week.

Aside from studying, I enjoy surfing, yoga, listening to country music, spending time with my family and dogs, and of course, watching *Grey's Anatomy*.

Nursing is a very special profession, and I am excited and proud to be part of an organization where thousands of students share the same passion, not only for patient care, but also continuous learning. I am more than happy to receive feedback and/or answer your questions via email: victorialynngiordano@gmail.com. I look forward to meeting all of you at NJNS events!

Fundraising Director



Bora Son

Hello! My name is Bora Son and I am excited to be the New Jersey Nursing Students, Inc. (NJNS) Fundraising Director for the 2017-2018 year. I am a 2012 Rutgers alumni with a Bachelor's of Arts in Communications/Public Relations and currently attend JFK Muhlenberg Harold B. and Dorothy A. Snyder School of Nursing. I'm honored to be a recipient of the 2017 National Council of State

Boards of Nursing scholarship from the Foundation of National Student Nurses' Association (FNSNA) as well as a recipient of the Eugene Palmer Scholarship and Petsch Family Scholarship in 2017.

Upon graduation from Rutgers, I worked in the fashion industry for a few years in public relations and production. While I enjoyed the work I did, I lacked a sense of fulfillment and felt lost as to what to do in my career. Through a family member's fight with cancer, I was introduced to healthcare; thus, nursing caught my interest. After much consideration, I made a career change to nursing and I haven't looked back since! It has been a difficult transition from a corporate job to healthcare; it has been a truly eye-opening adventure.

Although I discovered my love for nursing a little later than most of my peers, I'm grateful to be making my journey through nursing school which is definitely hard work. Everything I have learned and experienced so far not only interests me but drives me to experience as much as I can and further my education. My interests lie in psychiatry, labor and delivery, and surgery but I hope my specialty will become clearer as I approach graduation. I am proud to be working toward being a respected professional nurse!

I was encouraged to attend my first NJNS convention as a delegate this year and was able to see all the hard work that the board members put forth in providing resources and knowledge for nursing students. It inspired me to run for the position of fundraising director. Volunteering at my church for many years as a youth group counselor has given me experience and skills putting together events and fundraising activities for various causes. I plan to use my experience and work hard this year to increase revenue for NJNS so that it can promote more opportunities for its members.

I am very excited to be a part of this board and look forward to contributing and growing with NJNS! Please feel free to contact me at fundradising@njsnainc.org with any ideas or questions you may have.

Community Health Director



Stephanie Rogers

Hello, New Jersey nursing students! My name is Stephanie Rogers and I am honored to be serving as the Community Health Director for the New Jersey Nursing Students, Inc. (NJNS) for the 2017-2018 year. My thoughts on a community health project include providing education on the latest health trends to the public in hopes to help spread awareness of issues that can be preventable.

I am currently pursuing a Bachelor of Science degree at Rutgers University School of Nursing through the accelerated second-degree program and will graduate in May 2018. Throughout my time at Rutgers, I have been involved in student senate as a level representative, graduation committee for my class, and newly appointed as a peer mentor. I am very grateful for the opportunities that have come my way and cannot wait to explore my position with NJNS! I am a Kean University 2015 graduate with a Bachelor of Arts in Biology. I was inducted into the Phi Theta Kappa's honor society as well as TriBeta's honor society. Following my first

degree, I completed a 600-hour program through Capri Institute and obtained my New Jersey license as a registered esthetician which allows me to provide a multitude of services from facials and waxing to medical skin treatments.

Over the past few years, I have found my passion working with children at Children's Specialized Hospital in Toms River, NJ. Currently, I am working as a Recreation/Child Life Therapy Assistant where I provide 1:1 sensory therapy to the children to help increase their sensory skills. This experience helped me determine my change of career to become a nurse. I realized my desire to help people and make a difference in someone's life was my ultimate goal and with that is a rewarding feeling that will follow me throughout my entire career.

Once again, I cannot wait to begin this journey and am grateful to be welcomed by and work with such a wonderful group of talented students and future nurses. I am excited to be a part of the NJNS family and cannot wait to continue contributing to the success of this organization!

If you have any questions, please feel free to contact me at sr1245@sn.rutgers.edu.



Advisors

NJLN Consultant



Kimberly Seaman MSN, RN-BC, CNE

Instructor

Entry to Baccalaureate Practice Division
Rutgers University School of Nursing

Kimberly Seaman, who joined the Rutgers School of Nursing faculty in 2017, is a board certified pediatric nurse whose clinical work is focused on pediatric intensive care, pediatric transport team, pediatric community health, and primary care. She is also a certified nurse educator who utilizes research to promote student success.

Throughout her career, Kimberly Seaman has been dedicated to educating students entering the nursing profession and mentoring young nurses as they launch their own careers. She is active in numerous professional organizations and serves as a consultant for the New Jersey Nursing Students Executive Board. As a student advocate, she actively engages those she teaches to be involved in professional and service opportunities. She has extensive experience in curriculum design and implementation, with a focus on the socialization of the new graduate through professional involvement.

Before coming to Rutgers, Ms. Seaman spent 17 years, and continues to work, as a nurse at the Pediatric Center in New Providence, New Jersey. During that same period, she was at various times members of the adjunct nursing faculties at Raritan Valley Community College, Felician University, and Seton Hall University in New Jersey. She also facilitated academic and clinical competency for fundamental students and those learners engaged in pediatric nursing for 25 years at JFK/Muhlenberg School of Nursing in Plainfield, NJ.

Kimberly Seaman is currently pursuing her PhD in nursing education from Walden University. She received both her master's degree in nursing education and a bachelor's degree in nursing education from the University of Texas Health Science Center in San Antonio.

Parliamentarian/NJSNA Consultant



Barbara Chamberlain, PhD, MSN, MBA, RN

Barbara is the former Government Affairs Coordinator for the New Jersey State Nurses Association (NJSNA) in Trenton. She is a past president of NJSNA and formerly its education specialist. She graduated from Gloucester County College (now Rowan College at Gloucester County) in the nursing program and from Glassboro State College (now Rowan University) with a bachelor's of arts degree in school nursing. She obtained her BSN from

Stockton College of New Jersey (now Stockton University), her MSN from the University of Pennsylvania, her PhD from Widener University, and her MBA from Wilmington University. During her professional career, Barbara has held positions as a staff nurse, clinical nurse specialist, and as an academic and clinical faculty member at the associate's, bachelor's and master's levels of nursing education. She has served as the Director of Research and Development and the Corporate Director of Clinical Education in a multi-system acute care health system and as the program manager for the Transforming Care at the Bedside program funded by the Robert Wood Johnson Foundation and housed in the New Jersey Hospital Association where she was responsible for hospital units in New Jersey. Barbara has served as an officer in the United States Air Force, and is a member of the Boards of Trustees of Rowan and Widener Universities and Deborah Heart and Lung Center.

Barbara has been a faculty advisor for the student nurses at Atlantic Cape Community College; the New Jersey State Nurses Association and the New Jersey League consultants to the New Jersey Nursing Students, Inc., and has served as the NJNS parliamentarian. She has served as the National League for Nursing consultant to the National Student Nurses Association (NSNA) for 4 years and has served NJNS for 23 years. She has received the Lifetime Honorary National Membership Award, the highest award of NSNA, the Impact award, and the Lifetime Legacy Award, the highest award of the NJNS among others.

Presidential Advisor



Barbara L. Cannella, PhD, RNC-OB, APN

Barbara, Assistant Dean and clinical associate professor at Rutgers University, has over 20 years of experience in nursing education and teaches maternity and leadership courses. She received her BS, MS, and PhD in nursing from Rutgers University College of Nursing. As a perinatal clinical specialist, she works closely with state and national organizations, such as the March of Dimes and the Central NJ Family Health Consortium, to influence care of childbearing families. Her research focuses on clinical issues related to pregnancy and care during pregnancy. She also serves as an advisor to NJNS, the Rutgers Student Nurses Association and is the faculty counselor for the Alpha Tau Chapter of Sigma Theta Tau International.

Presidential Advisor



My name is Subbashini Neelam Satish and I am the presidential advisor for New Jersey Nursing Students, Inc. (NJNS) for the 2017-2018 term. I am a registered nurse at Mount Sinai St. Lukes on the cardiac telemetry floor. I am a member of the hospital wide committee Wound Champs, a specialized group of nurses who are trained to be advocates and serve as a resource for pressure and moisture associated wounds on their floors. I graduated last May from Rutgers School of Nursing and I have been involved in various student nurses associations at the national, state, and

school levels through roles of president to delegate. I am currently a research assistant to Dr. Shirley Smoyak, RN, PhD, FAAN on her high energy drinks research and I am a member of the ANA. In the future, I hope to become an acute care nurse practitioner.

I am incredibly honored to be a part of this organization and to be given the opportunity to continue its success.

Staff Advisor



Regina Adams, BSN, RN, CNOR

Welcome, fellow New Jersey nursing students and nursing faculty. My name is Regina Adams and I am the administrative manager. My focus is to provide support and guidance to the students as they plan the annual convention and transition into their new leadership roles. There is an enormous amount of work that board members must accomplish to ensure a successful convention. It is my pleasure to be a part of this wonderful organization. We hope that you will take advantage of all the focus sessions have to offer and enjoy the first night party. On a personal note, I am a graduate of Capital Health System School of Nursing in Trenton, NJ. I finished my bachelor's in nursing at Thomas Edison State University. Presently, I am a graduate student at Thomas Edison State University and an operating room nurse at Penn Medicine at Princeton Medical Center. As an assistant nurse manager, I am responsible for neuro/spine/vascular/thoracic procedures. The nursing profession provides numerous opportunities! Seek and you shall find your calling and passion.



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66th Annual Convention Keynote Speaker



Bob Atkins, PhD, RN, FAAN

The Present and Future of Nursing is Upstream (where we work, play, live, and learn)

Bob Atkins is director of New Jersey Health Initiatives, the statewide grantmaking program of the Robert Wood Johnson Foundation and an Associate Professor at Rutgers University with a joint appointment in Nursing and Childhood Studies. Dr. Atkins has a Bachelor of Arts in Political Science and American Civilizations from Brown University, a Bachelor of Science in Nursing from the University of Pennsylvania, and a Master's in Nursing from Rutgers University. Fresh out of nursing school, Bob moved to the city of Camden where he worked as a school nurse at East Camden Middle School and co-founded the Camden STARR Program, a non-profit youth development program dedicated to improving the life chances of youth living in Camden. Bob's work in Camden and other vulnerable communities—as a nurse and pediatric nurse practitioner-- motivated him to complete a PhD in the Department of Public Health at Temple University to better understand the factors that influence the health and well-being of children living in vulnerable communities. Bob is a life-long New Jersey resident and is committed to building healthier communities across the state through effective collaborations and partnerships, meaningful conversations across sectors, and evidence-based innovations.





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Convention Schedule

Wednesday, February 28, 2018

4:45 – 5:15	Delegate Registration *Mandatory for all Delegates*	Traymore A
4:45 – 5:15	Monitor Registration *Mandatory for all Monitors*	Traymore B
5:20 – 5:40	Delegate Orientation *Mandatory for all Delegates*	Traymore A
5:20 – 5:40	Monitor Orientation *Mandatory for all Monitors*	Traymore B
6:00 – 8:00	Student Registration	Main Registration
6:15 – 8:30	House of Delegates I Bylaws *Open to the Public* *Quorum will be called at 6:15 pm sharp* *Mandatory for all Delegates* *Dinner Session for Board, Monitors, and Delegates* Dinner will begin promptly at 5:45 for Board, Monitors, and Delegates	Traymore A

Thursday, March 1, 2018

7:00 – 1:00	Convention Registration	Main Registration
7:00 – 8:30	House of Delegates II Bylaws *Open to the Public* *Mandatory for all Delegates* BREAKFAST SERVED AT 6:30 FOR DELEGATES ONLY.	Traymore A
8:00 – 11:00	Exhibit Hall Open	Ocean Rooms A & B
10:00 – 3:00	American Red Cross Blood Drive	Lincoln/Central
11:00 – 12:30	Opening Ceremony The Present and Future of Nursing is Upstream (where we work, play, live and learn) Keynote Speaker: Bob Atkins, PhD, RN, FAAN	Grand Ballroom
11:00 – 12:30	Exhibitor Lunch *Exhibit Hall Closed*	Bally Room
12:45 – 2:30	Dean and Directors Luncheon Developing the Emerging Nursing Professionals Rosemary E. S. Mortimer, MSN, MEd, RN, CCBE, American Nurses Association Consultant to the NSNA Board of Directors	Arturo's
12:45 – 5:45	Exhibit Hall Re-Opens *Gift Basket Drawing at 5:00 pm* *Must be present to win*	Ocean Rooms A and B

FOCUS SESSION 1

Session	9:00-9:50 a.m.	Meeting Room
01-01	Have the Edge! How to Write a Nurse Graduate Resume and Come Through the Job Interview a Winner! Patricia Munno, MSN, CPN, RN & Kym Burrows, MSN, CCE, RN	Traymore A
01-02	Pharmacology Made Insanely Easy for NCLEX Success Loretta Manning, MSN, RN, GNP	Traymore B
01-03	Quick EKG Review Lee Taylor-Vaughan, EJD, MSN, APN, CCRN-CSC-CMC, PCCN, CEN, NREMT-P	Traymore C
01-04	Transition to Practice Barbara Blozen, EdD, MA, RN, BC, CNL	Marlborough Salon A
01-05	Transitioning the Technology Dependent Child from Hospital to Home Alyson Bolton, RN, CPN	Marlborough Salon B/C
01-06	Epilepsy Management: Caring for patients and their families Kathleen Boreale, MS, APN-C, CCRN, ACHPN	Blenheim
01-07	Spinal Cord Injury: Overview, Issues and Rehabilitation Jay H. Rosenberg, MSN, CRRN, NEA,-BC, CNML	Longwood/Imperial
01-08	Panel Session- The Transition from Nursing Student to Registered Nurse: Everything you REALLY Need to Know April Ancheta, BS, RN, Johnathan Candelaria, BS, RN, Christopher Cela, BSN, RN, Dan Angelo Caliolio, RN	Fairmont/Monticello
01-09	Ready, Set, Get Hired...using the nursing process to find the job that's right for you Mary E. Fortier, EdD, RN, CNL	Dennis ABC
01-10	Finding the Balance: Transitional Care Nursing, Hospital to Home Donna Naturale, DNP, MSN, RN	Berkshire/Trivoli

FOCUS SESSION 2

Session	10:00-10:50 a.m.	Meeting Room
02-01	"Don't Selfie Yourself Short: Social Media & Nursing" Sonia M. Schwartzbach, BSN, RN, CCRN	Traymore A
02-02	Medical Surgical Nursing Concepts Made Insanely Easy! Loretta Manning, MSN, RN, GNP	Traymore B
02-03	Arterial Blood Gas Interpretation (a 2-step approach) Lee Taylor-Vaughan EJD, MSN, APN, CCRN-CSC-CMC, PCCN, CEN, NREMT-P	Traymore C
02-04	Heart Transplants: How to best care for them pre-op to discharge Stephanie Huang, BS, RN, CCRN	Longwood/Imperial
02-05	Quiet Time Interventions for the Critically-Ill Patient-Caring Measures Kathleen Kelley, DNP, MSN, RN, CCRN, CNRN	Berkshire/Trivoli

02-06	Nursing Through the Lens of education Lucille A. Joel, RN, APN, EdD, FAAN	Fairmont/ Monticello
02-07	American Red Cross Blood Drive	Lincoln/Central

FOCUS SESSION 3

Session	1:00-1:50 p.m.	Meeting Room
03-01	Responding to the unthinkable: Nursing roles in mass fatalities and military sexual trauma Marnie Sperling, MDM, RN, APN, CDE	Traymore A
03-02	NCLEX-RN Sample Class Meredith MacKenzie Greenle, PhD, RN, CRNP, CNE	Traymore B
03-03	The Eye of The Storm: An Interactive Presentation Using Virtual Reality Marian Nowak, DNP, RN, MPH, CSN, PN, FAAN, Charles Mc Glynn, PhD	Traymore C
03-04	NURSING AND MORAL DISTRESS Linda Murray Branco, PhD, LPC	Longwood/ Imperial
03-05	Finding the Balance: Transitional Care Nursing, Hospital to Home Donna Naturale, DNP, MSN, RN	Berkshire/ Trivoli
03-06	Hazardous Chemicals in Healthcare Cecelia Gilligan Leto, BA	Fairmont/ Monticello
03-07	American Red Cross Blood Drive	Lincoln/Central

FOCUS SESSION 4

Session	2:00-2:50 p.m.	Meeting Room
04-01	Friends not Foes; ED and ICU Nurses Working Together! Vivian R. Feldman, BSN, RN, CCRN-CSC & Daniel Misa, MSN, RN, CEN, CPEN	Traymore A
04-02	Making Pharmacology Stick with Kaplan Mededith MacKenzie Greenle, PhD, RN, CRNP, CNE	Traymore B
04-03	Nurses Caring in the community: We are all in this together Michelle Golba-Norek, RN, BEN, MS, CEN, MICN	Traymore C
04-04	Part 1 – Explore & Discover your Specialty in Nursing Leo-Felix M. Jurado, PhD, RN, APN, NE-BC, CNE, FAAN	Marlborough Salon B/C
04-05	Active Shooter Scenario: Practical and Philosophical Implications Stephanie Herr, MSN, RN, EMT	Blenheim
04-06	Caring According to the Goals of Life Nancy Hill, RN, MSN, CMSRN, CCM & Penny Smith, RN, MSN, CCRN	Longwood/ Imperial

04-07	The Power of Networking, Branding, and Marketing Your Nursing Skills Elizabeth A. Corshu, MS, BSN, RN	Berkshire/ Trivoli
04-08	Integrative Wellness Solutions: The art of healing with mindfulness meditation, Reiki, Pranik Healing, Tai- chi, Yogo, and Guided Imagery Varsha Singh, MSN, APN	Fairmont/ Monticello
04-09	American Red Cross Blood Drive	Lincoln/Central

FOCUS SESSION 5

Session	3:00-3:50 p.m.	Meeting Room
05-01	Taking the Scare Out of Critical Care; Confessions of an ICU Nurse Vivian R. Feldman, BSN, RN, CCRN-CSC	Traymore A
05-02	What's Old is New Again- Midwifery as a Career Option for Today's Student Nurse Linda Sloan Locke, RN, CNM, MPH, LSW, FACNM, & Rosemarie Hello Hornak, RN, CNM, MSN	Traymore B
05-03	Novice to Expert: Journey to Nursing Competency Louella Holtz, MSN, RN, APN, CCRN-K, RN-BC	Traymore C
05-04	Healthy Nurse, Healthy Nation- ANA/NJSNA Kathleen S. Gillespie, MBA, RN, NE-BC	Marlborough Salon A
05-05	Part 2- Explore & Discover your specialty in Nursing Leo-Felix M. Jurado, PhD, RN, APN, NE-BC, CNE, FAAN, Samuel Arana, BSN, RN, Anoush Kalachian, BSN, RN Robinson Sepulveda, BSN, RN, Eric Cascio, RN, Melissa Urrea, BSN, RN, Nhat Nguyen, MSN, RN, APN, Tri Le, MSN, RN, Sandra Thebaud, DNP, RN, APN, Thomas Lu, MSN, RN, CCRN, CRNA, Kaneez Odgers, MSN, RN, APN	Marlborough Salon B/C
05-06	A Global Health Nursing Experience in Tanzania: Buliding Partnerships Through Simulation Rowena Curva, MSN, RN, FNP-C	Longwood/ Imperial
05-07	Promoting Resilience in Professional Nursing Practice Through Mindfulness Brenda Petersen, PhD, MSN, RN, APN-c, CPNP-PC	Berkshire/ Trivoli
05-08	Breakthrough to Nursing, Resolution, Community Health Board Member Projects: See What NJNS Had Been Up To Stephanie Rogers, BA, Victoria Giordano, BA, Melissa Kapcsandi	Fairmont/ Monticello

FOCUS SESSION 6

Session

4:00-4:50 p.m.

Meeting Room

06-01	As, Bs and Cs of ABGs Vera Kunte, DNP, APN-C, CNE	Traymore A
06-02	Health Literacy: Improving Patient Engagement Strategies Aneesha Jean, DNP, MSN, RN, CNE	Traymore B
06-03	Emergency Nursing: Care for all Walks of Life and Enduring the Impossible Daniel Misa, MSN, RN, CEN, CPEN	Traymore C
06-04	Nursing Image: A Journey to Find Balance Kim MacAvoy-Sorothen, MSN, RN, CEN & Samantha Herman, VSBN, RN, CEN, CPEN & Dina Kenyon, BSN, RN, CEN	Marlborough Salon A
06-05	Health Care Advocacy Rosemary Mortimer, MSN, ESEd, RN, CCBE	Marlborough Salon B/C
06-06	End of Life: A Part of Nursing Education Mary Ellen Levine, MSN/Ed, RN, CHPN	Longwood/Imperial
06-07	Nurturing Your Own Wellbeing & Dance Fitness Zamara Amankwah, CPT	Blenheim

5:00-6:00	Drawing for Gift Baskets *Must be present to win*	Exhibit Hall Ocean Rooms A and B
7:00 - 10:30	1st Night Party: Superhero! Come dressed as your favorite superhero and join us for a night of dancing, a photo booth, and food!	The Diamond Club

Friday, March 2, 2018

7:00 - 8:30	House of Delegates III *Open to the Public* *Mandatory for all Delegates* BREAKFAST SERVED AT 6:30 FOR DELEGATES ONLY	Traymore A
8:40 - 8:50	Delegate Voting *Mandatory for all Delegates*	Traymore A
9:15 - 9:30	2018-2019 NJNS Board Elections Results	Traymore B and C
9:45 - 12:45	Mini NCLEX® Review - Hurst Review's Step by Step Approach to NCLEX® Success	Traymore B and C
9:45 - 12:45	Get Hired: Resume Review Claudia Cotarelo, CHCR	Berkshire/Trivoli



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Focus Session Topics & Speakers Biographies

Focus Session 1

Thursday, March 1, 2018

Session 01-01

9:00-9:50 a.m.

Traymore A

“Have the Edge!” How to Write a Nurse Graduate Resume and Come through the Job Interview a Winner!

Patricia Munno, MSN, CPN, RN & Kym Burrows, MSN, CCE, RN

Writing a resume as a graduate nurse can seem very difficult and challenging. It does not have to be! As a new grad, you want to make sure all you have to offer a potential employee is presented in a clear comprehensive manner. Equally as critical is the interview. By preparing for your interview effectively, one can increase the chances of securing that nursing job. Before you head out for the interview, identify what you can do to “land that job!”

Patricia Munno is a certified pediatric nurse. She received her Master’s in Nursing Education at Mercy College, and is presently pursuing her DNP at Fairleigh Dickinson University. She is a member of Sigma Theta Tau Honor Society of Nursing and is a moderator of the Felician University Chapter of the Student Nurse Association. Currently, she is a full time instructor at Felician University, located in Lodi, New Jersey.

Kym Burrows has extensive experience in maternal/child nursing. She received her Master’s in Nursing from William Paterson University. Kym is a certified child birth educator and has been employed in a number of healthcare facilities in the New Jersey area. Ms. Burrows is a member of Sigma Theta Tau Honor Society of Nursing and is the moderator of the Felician University chapter of the Student Nurse Association. Currently, she is employed as a full time instructor at University, located in Lodi, New Jersey.

Session 01-02

9:00-9:50 a.m.

Traymore B

Pharmacology Made Insanely Easy for NCLEX Success!

Loretta Manning, MSN, RN, GNP

Come and experience a dynamic hour with Loretta Manning, MSN, RN, GNP, author of the bestselling book, Pharmacology Made Insanely Easy! This is back by popular request! You will spend one hour filled with learning EASY and FUN Strategies to assist with remembering priority medications, so you can be successful in answering questions evaluating high level clinical decision-making. You will learn to prioritize medications, nursing care, and associate learning by using images, mnemonics, active learning, and music. Five words summarize this pharmacology session, “NCLEX® Success CAN BE FUN!”

Loretta Manning is the President and Co-Founder of I CAN Publishing®, Inc. an organization that specializes in services and resources to simplify complex information for nursing students and faculty. She is a nurse practitioner with a clinical background in pediatric trauma. She has taught in ADN, BSN and MSN programs. She has been a Director of Children’s and Woman’s Services at Willis Knighton Medical Center in Shreveport, LA. Loretta serves as a consultant in many schools of nursing. Loretta earned her MSN in nursing from Indiana University, BSN from Indiana State University in Terre Haute, Indiana, and nurse practitioner certificate from the University of North Carolina in Greensboro, NC. She is an international speaker and a sought

after resource for faculty development and student presentations. Her expertise is in developing nursing faculty particularly in the areas of NCLEX[®], item writing, teaching strategies and pharmacology focusing on integrating patient safety and Joint Commission Standards in both the classroom and clinical. Loretta has worked both nationally and internationally with nursing students in preparation for the NCLEX[®]. In England she worked with students from Africa, the Philippines, and Saudi Arabia. Her programs specialize in learning how to make safe clinical decisions, how to learn and manage pharmacology, and conceptual learning throughout the curriculum. Loretta is the co-author of 9 books. Her most recent books published in 2014 are “Medical Surgical Nursing Concepts Made Insanely Easy: A New Approach to Prioritizing Nursing” and “Concepts Made Insanely Easy for Clinical Nursing”. She has also co-authored “Nursing Made Insanely Easy”, “Pharmacology Made Insanely Easy”, “NCLEX-RN[®] 101: How to Pass!” “NCLEX-PN[®] 101: How to Pass”, “Pathways of Teaching Nursing: Keeping it Real!” “The Eight Step Approach to Teaching Clinical Nursing” and “The Eight-Step Approach for Student Clinical Nursing”. She wrote one chapter on preparing students for the NCLEX-RN[®] in the book, “Mastering the Teaching Role: A Guide for Nurse Educator” (Penn, 2008). Loretta has co-developed and implemented a concept curriculum. Loretta has been awarded The Outstanding Teaching award at Northwestern State University, Outstanding Clinical Instructor at Forsyth Technical Community College, and has been awarded for outstanding student support in Student Nursing Organizations across the country. She was a graduate fellow of the Amy V. Cockcroft Leadership Development Program in 2004.

Session 01-03

9:00-9:50 a.m.

Traymore C

Quick EKG Review:

Lee Taylor-Vaughan JD, MSN, APN, CCRN-CSC- CMC, PCCN, TCRN, CEN, NREMT-P

By the end of this session the learner will be able to identified vital heart rhythms, such as but not limited to: Sinus Rhythms (normal, tachycardia, bradycardia), Atrial rhythms (A Fib, PACs, A Flutter), Ventricular Rhythms (V Fib, V Tach, Asystole), an easy way to remember the AV blocks, and much more. INVALUABLE Patient & NCLEX TIPS ARE PROVIDED AT THIS SHORT TALK! This presentation comes with an easy-to- follow handout, which will be emailed to participants after the presentation.

Lee Taylor-Vaughan - Over the last 20 years Lee has completed programs for EMT, Paramedic, a BS and an MS in Nursing from Rutgers University, and a Doctor of Law from Concord Law School. Lee’s career is strongly focused on Emergency and Critical Care, and currently works as an Acute Care Nurse Practitioner in Cardiothoracic Surgery. In addition, he has worked as a Staff Nurse, a Travel Nurse, a Nurse Recruiter, a Nurse Educator, and a Director of Nursing. Lee holds numerous certifications in Emergency and Critical Care and volunteers as American Heart Association Faculty and an advisory board member for Cardiac Surgery Advanced Life Support (USA & UK). Lee is the co-author of both the Critical Care Examination Review and the Emergency Nursing Examination Review with Laura Gasparis Vonfrolio; he is the author of “Conquer: The NCLEX”, a ground-breaking, and very affordable, pass the NCLEX Review Course. Lee is dynamic, easy-to- follow, energetic, enthusiastic, and an educationally-entertaining lecturer. Lee can be reached via email: Lee@CardiacEd.com

Transition to Practice**Barbara Blozen EdD MA RN BC CNL**

This presentation will discuss your role and responsibilities as a Registered Nurse. The Nurse Practice Act will be presented which defines your scope of nursing practice. As a newly licensed nurse you have a duty to understand your nurse Practice Act in your state. This presentation will discuss and assist you in making the transition from student to nurse. How will the nurse Practice Act shape your practice or will it? We will also discuss professional responsibility, maintaining professional boundaries, and the Nurse Practice Act.

Dr. Barbara B. Blozen an associate professor of nursing at New Jersey City University, and is the President of the New Jersey State Board of Nursing. Dr. Blozen joined NJCU as a full-time member of the faculty in 2013, she has also taught at Seton Hall University, Ocean County College, Burlington County College, and Long Island University. Dr. Blozen has been a presenter at conferences throughout the world, including, 2013 New Jersey Continuing Education Summit, and International Nursing Research Congresses of Sigma Theta Tau International in Prague and Brisbane. Dr. Blozen has been the recipient of a number of nursing awards including the GEM (giving excellence meaning) Award where she progressed to become a national finalist, she was also honored by the Institute for Nursing with the Diva award. Dr. Blozen holds an Ed.D. in higher education from Seton Hall University, an M.A. in nursing from New York University, and a B.S.N. in nursing from Wagner College.

Transitioning the Technology Dependent Child from Hospital to Home**Alyson Bolton, RN, CPN**

Alyson Bolton has been a registered nurse for over 30 years specializing in the care of medically fragile children and is a Certified Pediatric RN. She began her career working in subacute rehabilitation at Children's Specialized Hospital and transitioned to Pediatric Home Health care in 1996. She has worked for Bayada since then, starting as a field nurse working with high tech clients and was then promoted to clinical manager in 2006 overseeing the complex medical needs of specialized technology dependent children. Alyson was the recipient on the Ann Baiada Award for Excellence in Clinical Leadership in 2015. She then worked as the Transitional Care Manager for NY and NJ hospitals assisting case managers to obtain nursing for children in need. She is currently the Nurse Recruiter for Bayada Pediatrics and is constantly seeking qualified candidates to care for some very special clients at Bayada.

Epilepsy Management: Caring for Patients and Their Families**Kathleen Boreale, MS, APN-C, CCRN, ACHPN**

As novice nurses, it is important to recognize that many different seizure types exist. Identification of different seizure presentations is essential to intervene quickly. Providing care for the patient with epilepsy can be overwhelming, especially for those new to the role. It is also important to consider all aspects of patient care; the physical, psychosocial, spiritual and emotional domains. It is equally important to remember that a patient is part of a family and their needs are important as well. This presentation will provide the novice nurse with the tools to assist patients and their families in epilepsy management.

Kathleen Boreale is an experienced educator having taught in traditional, accelerated, RN to BSN undergraduate and graduate nursing programs. In addition, she is board certified as both a Palliative Care Nurse Practitioner and Family Nurse Practitioner. Ms. Boreale maintains a current clinical practice caring for patients across the lifespan. She continues to provide direct care for patients and their families living with refractory epilepsy. She focuses her attention on disease maintenance and quality of life for those living with intractable epilepsy.

Session 01-07

9:00-9:50 a.m.

Longwood/Imperial

Spinal Cord Injury: Overview, Issues and Rehabilitation

Jay Rosenberg, MSN, CRRN, NEA-BC, CNML

Spinal Cord Injury affects over 12,000 people each year in the United States and is one of the most traumatic, costly, and devastating injuries seen today. This session will introduce the participant to an overview of spinal cord injury, including anatomy, definitions, etiology, diagnostic exams, functional outcomes, medical complications, and research and technological advances in the field.

Jay Rosenberg is the Chief Nursing Officer at the Kessler Institute for Rehabilitation's West Orange campus. He has been a rehabilitation nurse since 1997, with a clinical basis in spinal cord injury and respiratory diagnoses. He received a BA in Anthropology from Boston University, a BS in Nursing from Syracuse University, and an MSN in Nursing Administration from Norwich University. He has co-authored a chapter on Nursing Care of the Spinal Cord Injured Patient in Sisto's book *Spinal Cord Injuries: Management and Rehabilitation*. Jay has presented on a variety of clinical, quality, and leadership topics at the local, state, and national level for professional associations and healthcare organizations for more than a decade. Jay's areas of interest include spinal cord injury, nursing development, fall prevention, medication administration safety, and transformational leadership.

Session 01-08

9:00-9:50 a.m.

Fairmont/Monticello

Panel Session- The Transition from Nursing Student to Registered Nurse: Everything You REALLY Need to Know

April J. Ancheta, BS, RN, Jonathan Candelaria, BS, RN, Christopher Cela, BSN, RN, Dan Angelo Caliolio, RN

Common end-of-nursing school worry: you've graduated, passed the NCLEX®, and just got hired for your first job as a staff nurse... problem is, you don't really know how to be a nurse! Many new graduate nurses share this sentiment when it comes to transitioning from nursing student to registered nurse. You're excited to finally have autonomy and administer medications under your own name, but coincidentally that scares you, and makes you feel excited, anxious, and challenged all at the same time. Come listen to this panel as each new graduate nurse panelist talks about how he/she has managed to navigate the post-graduate life as a registered nurse! We will also explore different graduate school pathways as well as jobs outside of acute settings.

April J. Ancheta

April Ancheta is a registered nurse at The Mount Sinai Hospital in New York, New York on a thoracic/vascular surgical stepdown unit. April has been working with the surgical population throughout her career starting as a PCA on an orthopedic floor, then working as a nurse extern on a spinal cord injury unit, to working on a general surgical floor at Princeton Medical Center, and now on a specialty surgical floor in Manhattan. As an undergraduate, April was involved in

many leadership roles through the National Student Nurses' Association. She was president of the Rutgers Student Nurses' Association and second vice president of NJNS. Of note, the two most influential activities with which she was involved as an undergraduate were teaching her freshman seminar class Exploring Nursing as well as being a research assistant to Dr. Shirley Smoyak, RN, PhD, FAAN on her high energy drinks research. With April's excitement and dedication to this profession, coupled with her deep interests in education and research, April is looking to pursue a PhD in Nursing and hopes to contribute to nursing through the advancement of minority-focused studies.

Jonathan Candelaria

Jonathan Candelaria is a registered nurse at Saint Peter's University Hospital in New Brunswick, New Jersey on the pediatric intensive care unit. While in school he started out as an NUS on the mother/baby units at Saint Peter's, later transferring as a PCT in the PICU, and now is an RN in the PICU. During his undergraduate years Jonathan was involved in a variety of organizations, which he credits to helping him develop and grow into his role as a nurse. Finding his passion in the clinical aspect of nursing, Jonathan has intentions to continue his education hoping to become a pediatric nurse practitioner. For now he is looking forward to further improve and grow into his role as a nurse.

Christopher Cela

Christopher Cela is a registered nurse in the Emergency Department at St. Joseph's University Medical Center in Paterson, New Jersey. Prior to working in the ED, Christopher had some experience caring for patients in the pre-hospital setting with his town's volunteer ambulance service, as well as being a participant on a volunteer mission trip to Haiti. During his undergraduate career at William Paterson University of New Jersey, Christopher was a member of the Honors College where he produced an independent thesis on the role of stigma in NICU nurses' perceptions of caring for newborns diagnosed with Neonatal Abstinence Syndrome and opioid addicted mothers. Christopher has had the opportunity to present his work several times since its completion, and will be going to Cambridge, England, to present at the 4th Biennial STTI European Conference during the summer of 2018. Christopher is dedicated to serving the underserved and underprivileged. He has a special interest in emergency medicine and critical care medicine, and is looking to become a nurse practitioner later on in his career.

Dan Angelo Caliolio

Dan Angelo Caliolio recently graduated from Trinitas School of Nursing. He is currently interning at Saint Peter's University Hospital in New Brunswick, New Jersey in the emergency department. Dan first joined the Saint Peter's health care system in 2014 as a patient transport aide where he learned the basics of providing quality care to patients. He then transferred into the emergency department as a patient care technician which solidified his passion to become an ER nurse. He plans on continuing his education and become a nurse practitioner and a professor later on in his nursing career. As for now he plans to grow and learn from all the experiences and situations he's given in the field, and better himself to help achieve his goal in helping others.

Session 01-09

9:00-9:50 a.m.

Dennis ABC

Ready, Set, Get Hired...Using the Nursing Process to Find the Job That's Right for You

Mary E. Fortier EdD, RN, CNL

You have graduated. Congratulations. How do you begin your professional career? What qualities are you looking for in an employer? Have you researched your potential employers?

What benefits—personal, professional, and financial—do they offer? Do they have opportunities for advancement? Do their mission and vision statements align with your beliefs? Do they have Magnet ® Recognition? All of these questions, as well as the qualities that set you above others looking to fill the same position, should guide your employment decision. You can use the Nursing Process to chart your professional career.

Dr. Mary E. Fortier, an Associate Professor of Nursing at New Jersey City University has 38 years' experience in nursing in Med/Surg, ICU, Community Health and Administration. She has taught in Diploma Schools, Associate and Baccalaureate Degree programs as well as at the Masters level. She has been published in Nursing Economics and The American Nurse Today. Dr. Fortier has been a presenter at conferences throughout the world, including the Title V 2014 Nurse/Health Sciences Summer Institute, the International Nursing Research Congresses of Sigma Theta Tau in Prague, Brisbane, and Ireland. Dr. Fortier is an active member of the New Jersey State Nurses Association, sitting on the Institute for Nursing (IFN) Board and is the Region 6 President-elect. Dr. Fortier holds an Ed.D. in Higher Education from Seton Hall University, an M.A. in Nursing Education from New York University, and a B.S.N. from The City College of New York.

Session 01-10

9:00-9:50 a.m.

Berkshire/Trivoli

Finding Balance: Transitional Care Nursing, Hospital to Home

Donna Naturale, DNP, RN, APN, CDE

Recognizing that the fastest growing population is the adult over the age of 65, this population is often associated with high risk comorbidities, lives with multiple chronic illnesses and is at increased risk for complications. Working with this population requires a special skill set to close gaps in healthcare, improve outcomes, prevent avoidable readmission rates while decreasing healthcare costs and improving patient and family satisfaction and engagement. Principles of transitional care nursing can be incorporated by the interdisciplinary healthcare team while the nurse leads the initiative. The goal of the Transitional Care Model is to recognize and address the complex needs of the chronically ill older adult population by providing a comprehensive, coordinated approach to nursing care.

Donna Naturale, DNP, RN, APN, CDE is an Assistant Professor at Caldwell University, School of Nursing and Public Health. She has a variety of clinical experiences and has been an Adult Nurse Practitioner since 1994. She obtained her Doctor of Nursing Practice degree in 2010 from Rutgers University (formerly UMDNJ School of Nursing, Newark NJ), Capstone project focused on Transitional Care Nursing. Dr. Naturale has focused a majority of her clinical experience as an advanced practice nurse working in the field of adult diabetes management, focusing on both inpatient and outpatient settings. In addition, she is a Certified Diabetes Educator. Her clinical experience has also included working as the Lead NP for a large occupational medicine service. Dr. Naturale has a strong interest in transitional care nursing for the elderly, maintaining quality care, preventing readmissions, facilitating safe transitions, patient education, and managing chronic illnesses. In addition to teaching, Dr. Naturale maintains active clinical practice as an advanced practice nurse, which include providing home visits to the homebound patient.

Session 02-01

10:00-10:50 a.m.

Traymore A

“Don’t Selfie Yourself Short: Social Media & Nursing”**Sonja M. Schwartzbach, BSN, RN, CCRN**

Social media pervades every aspect of our lives, and the nursing world is no different. In an effort to strike a balance, I will discuss some common social media pitfalls that student nurses and nursing professionals should avoid in their classrooms and careers. Beyond this, I will discuss the importance of an online image, and how a digital resume may be just as important as a paper one.

Sonja M. Schwartzbach is a critical care nurse and blogger for the Huffington Post. She graduated in January 2012 with her BSN as well as a BA in English Literature in May 2008, both from Rutgers University. From a writing perspective, Ms. Schwartzbach has produced content for numerous professional nursing outlets (the AACN; Nurse.com; Scrubs Magazine), and is a contributing author for Thrive Global, the Youshare Project, and her own blog/website (www.thenursesonja.com). In September 2016, Sonja received the Nurse.com GEM Award as the Rising Star in Nursing for the Northeast Region. She has also worked with Dr. Laura Gasparis Vonfrolio in support of legislation for national nurse-patient ratios. Her first book, “Oh Sh*t, I Almost Killed You! A Little Book of Big Things Nursing School Forgot to Teach You” was published on April 10th, 2017. Thanks to word of mouth and a grassroots social media effort, the book became an instant best-seller. It recently sold out for its seventh time in eight months.

Session 02-02

10:00-10:50 a.m.

Traymore B

Medical Surgical Nursing Concepts Made Insanely Easy!**Loretta Manning, MSN, RN, GNP**

A program designed to help you MASTER volumes of medical-surgical nursing information by simplifying material to assist with memory. Once you can easily remember nursing information, then you will learn how to MASTER answering test questions and evaluating complex clinical decision making. You will sing, laugh, and, better yet, walk out remembering a minimal of ten new ways of organizing medical surgical nursing information. Discover strategies to MASTER Medical Surgical Information and practice answering test questions evaluating clinical decision-making.

Loretta Manning is the President and Co-Founder of I CAN Publishing[®], Inc. an organization that specializes in services and resources to simplify complex information for nursing students and faculty. She is a nurse practitioner with a clinical background in pediatric trauma. She has taught in ADN, BSN and MSN programs. She has been a Director of Children’s and Woman’s Services at Willis Knighton Medical Center in Shreveport, LA. Loretta serves as a consultant in many schools of nursing. Loretta earned her MSN in nursing from Indiana University, BSN from Indiana State University in Terre Haute, Indiana, and nurse practitioner certificate from the University of North Carolina in Greensboro, NC. She is an international speaker and a sought after resource for faculty development and student presentations. Her expertise is in developing nursing faculty particularly in the areas of NCLEX[®], item writing, teaching strategies and pharmacology focusing on integrating patient safety and Joint Commission Standards in both the classroom and clinical. Loretta has worked both nationally and internationally with nursing students in preparation for the NCLEX[®]. In England she worked with students from Africa, the Philippines, and Saudi Arabia. Her programs specialize in learning how to make safe

clinical decisions, how to learn and manage pharmacology, and conceptual learning throughout the curriculum. Loretta is the co-author of 9 books. Her most recent books published in 2014 are “Medical Surgical Nursing Concepts Made Insanely Easy: A New Approach to Prioritizing Nursing” and “Concepts Made Insanely Easy for Clinical Nursing”. She has also co-authored “Nursing Made Insanely Easy”, “Pharmacology Made Insanely Easy”, “NCLEX-RN® 101: How to Pass!” “NCLEX-PN® 101: How to Pass”, “Pathways of Teaching Nursing: Keeping it Real!” “The Eight Step Approach to Teaching Clinical Nursing” and “The Eight-Step Approach for Student Clinical Nursing”. She wrote one chapter on preparing students for the NCLEX-RN® in the book, “Mastering the Teaching Role: A Guide for Nurse Educator” (Penn, 2008). Loretta has co-developed and implemented a concept curriculum. Loretta has been awarded The Outstanding Teaching award at Northwestern State University, Outstanding Clinical Instructor at Forsyth Technical Community College, and has been awarded for outstanding student support in Student Nursing Organizations across the country. She was a graduate fellow of the Amy V. Cockcroft Leadership Development Program in 2004.

Session 02-03

10:00-10:50 a.m.

Traymore C

Arterial Blood Gas interpretation (a 2-step approach).

Lee Taylor-Vaughan JD, MSN, APN, CCRN-CSC- CMC, PCCN, TCRN, CEN, NREMT-P

This 50 minute talk will explore a very simple and easy approach to interpreting ABG values. This method is more simple than how many books & many professors generally try to teach. This talk will give you a solid framework of how to use this easy system, and example. We will also explain the other values found on ABG and how they relate to patient care.

INVALUABLE Patient & NCLEX TIPS ARE PROVIDED AT THIS SHORT TALK! Leave this talk feeling confident AND refreshed on how easy it is to interpret ABGs! This presentation comes with an easy to follow handout, which will be emailed to participants after the presentation.

Lee Taylor-Vaughan - Over the last 20 years Lee has completed programs for EMT, Paramedic, a BS and an MS in Nursing from Rutgers University, and a Doctor of Law from Concord Law school. Lee’s career is strongly focused on Emergency and Critical Care, and currently works as an Acute Care Nurse Practitioner in Cardiothoracic Surgery. In addition, he has worked as a Staff Nurse, a Travel Nurse, a Nurse Recruiter, a Nurse Educator, and a Director of Nursing. Lee holds numerous certifications in Emergency and Critical Care and volunteers as American Heart Association Faculty and an advisory board member for Cardiac Surgery Advanced Life Support (USA & UK). Lee is the co-author of both the Critical Care Examination Review and the Emergency Nursing Examination Review with Laura Gasparis Vonfrolio; he is the author of “Conquer: The NCLEX”, a ground-breaking, and very affordable, pass the NCLEX Review Course. Lee is dynamic, easy-to- follow, energetic, enthusiastic, and an educationally-entertaining lecturer. Lee can be reached via email: Lee@CardiacEd.com

Session 02-04

10:00-10:50 a.m.

Longwood/Imperial

Heart Transplants: How to best care for them from pre-op to discharge

Stephanie Huang, BS, RN, CCRN

Heart transplants are special, not only because of the “fresh start” in life it provides, but also because of the complexity of the cases and their pre and post-op care. From pharmacology to diet, these patients must change their lifestyle to prolong best outcomes. Who is a candidate for a heart transplant? How long does one have to wait to receive a heart transplant? How does the nurse best care for the patient immediate post-op until discharge? Come and find out

exactly what makes their pathophysiology special and how you can best care for and educate this population.

Stephanie Huang is a registered nurse at Robert Wood Johnson Barnabas Health (RWJBH) in New Brunswick on the Cardiothoracic Surgery ICU. Stephanie started out as a new grad on a heart transplant and heart failure unit also at RWJ and became equipped to care for such patients and provide comprehensive education for discharge. Stephanie transferred to the SICU about a year and a half later, where she is currently working as a clinical nurse. In the SICU, she has been trained to recover patients from immediate post-op open-heart surgeries, as well as manage multiple ventricular assistive devices including IABPs, Impella, Centrimag, and Heartmate II. Stephanie received her CCRN this year and hopes to continue to further her education.

Session 02-05

10:00-10:50 a.m.

Berkshire/Trivoli

Quiet Time Interventions for the Critically-Ill Patient– Caring Measures for the Patient, Family and Staff

Dr. Kathleen Kelley DNP, MSN, RN, CCRN, CNRN

Stressors of critically-ill patients include illness, injuries and, unfortunately, the reality of a noisy, 24-hour operation in a busy intensive care unit (ICU). Consequences of constant stress in ICU patients include: increased sedation needs, sleep deprivation, prolonged intubation, gastric ulcers, increased length of stays and patient/family dissatisfaction. Additionally, the stress on family and caregivers can have negative effects. Introduction of Quiet Time periods can benefit patients, family and staff. Attend this session and learn more!

Dr. Kathleen Kelley is an Associate Professor and Assistant Director of the School of Nursing & Public Health at Caldwell University. Dr. Kelley is an expert in the care of the critically ill patient, adult trauma patient, and the veteran patient in a community setting as well as being an experienced mentor and preceptor of new nurses into the Intensive Care Unit (ICU) setting. During her years working in a busy inner-city surgical/trauma unit, Dr. Kelley instituted many initiatives to ease the experience of the patients and families that were under her care; including an education booklet for trauma patients and families as well as proposing and implementing “Quiet time” in the Surgical/Trauma ICU. At Caldwell University, Dr. Kelley created a successful “Caldwell Nursing student for a day” for High School students interested in nursing, coordinates all HESI remediation and testing, and has implemented best-practice guidelines for NCLEX success and academic support of off-progression students.

Session 02-06

10:00-10:50 a.m.

Fairmont/Monticello

Nursing: Through the Lens of Education

Lucille A. Joel, APN, EdD, FAAN

The speaker will reflect on the origins of nursing in the informal caregivers of the Civil War, and the first training schools for nurses established in the Nightingale tradition. Nursing has always been provocatively influenced by war, and associate degree nursing was a response to World War II needs. Over time, other external factors, be it Magnet status, or the aggressive posture of nursing’s organizations began to shape nursing for a future of influence through elevating its educational standards and expanding its scope of practice.

Lucille Joel is a Distinguished Professor at Rutgers-the State University of New Jersey, and was Director of the Rutgers Teaching Nursing Home for over fifteen years. Dr. Joel has served as

President of the American Nurses Association, and the New Jersey State Nurses Association, and as First Vice-president of the International Council of Nurses (ICN) headquartered in Geneva. She is Past-president of CGFNS International, the organization that evaluates the educational and practice credentials of health care workers who wish to migrate to the United States on an occupational visa; and was the founding President of the International Center for Nurse Migration, a joint venture between ICN and CGFNS. Dr. Joel held official status as ICN's representative to UNICEF and the UN until 2017. She has also served as a member of the Executive Council of New Jersey AARP.

Session 02-07

10:00-10:50 a.m.

Lincoln/Central

Blood Drive

American Red Cross

Clara Barton and a circle of her acquaintances founded the American Red Cross in Washington, D.C. on May 21, 1881. The American Red Cross exists to provide compassionate care to those in need. Our network of generous donors, volunteers and employees share a mission of preventing and relieving suffering, here at home and around the world, through five key service areas: disaster relief, supporting America's military families, lifesaving blood, health and safety services, and international services. As one of the nation's premier humanitarian organizations, we depend on the many generous contributions of time, blood, and money from the American public to support our lifesaving services and programs.

Focus Session 3

Thursday, March 1, 2018

Session 03-01

1:00-1:50 p.m.

Traymore A

Responding to the Unthinkable: Nursing Roles in Mass Fatalities and Military Sexual Trauma

Marnie Lynn Sperling, DMD, MSN, RN

Mass Disasters and specifically Mass Fatalities are becoming an unfortunate occurrence that communities and especially nurses are experiencing nationally and globally. This presentation hopes to educate our future nurses of the types of disasters that have historically impacted us and the effects on human morbidity and mortality and the roles that nurses play in these types of disasters. This presentation will also include information on responding to Military Sexual Trauma based on the new Department of Defense directive. An actual disaster that occurred will be presented demonstrating how morgue operations typically run and the impact nurses provide to ensure a successful response.

Marnie Lynn Sperling - BSN-Valdosta State University, 1994. University of Medicine and Dentistry of New Jersey, Doctorate of Dental Medicine, 2000. Oral Surgery Dental residency at St. Joseph's Medical Center. Owned and practiced General Dental Practice in Clifton, NJ while working per-diem as a cardiac nurse. Masters of Nursing (emphasis Forensic Nursing) at Monmouth University, 2012. NJ Coalition Against Sexual Assault award for work as a Forensic Nurse. Full-time Clinical Assistant Professor, Department of Nursing and Allied Health at Fairleigh Dickinson University. Co- Principle Investigator of the Dedicated Education Unit at Morristown Medical Center. Region II Interim Training and Forensic Dental Officer on the U.S Health and Human Services Disaster Mortuary Operational Response Team, served in deployments at 9/11 and the Flight 3407 disaster. Past president of the NJ-International Association of Forensic Nurses. Board of Governors American Society of Forensic Odontology

and New York Society of Forensic Dentistry and Member-American Academy of Forensic Sciences.

Session 03-02

1:00-1:50 p.m.

Traymore B

Kaplan: “NCLEX-RN Sample Class”

Dr. Meredith MacKenzie Greenle, PhD, RN, CRNP, CNE

Since 1982, Kaplan’s team of expert nurse educators has helped more students achieve their NCLEX-RN® goals than any other test prep provider. Let us be part of your success story! To pass the NCLEX-RN®, content review is just the start. Our masters-educated instructors will teach you the Decision Tree, Kaplan’s exclusive critical thinking method. We’ll help you develop the critical reasoning skills you need to think your way through Test Day. Attend our sample class to get a head start on your NCLEX-RN® success story!

Get past the boards and get on with your life. We guarantee it!

Dr. Meredith MacKenzie Greenle completed her BSN ('07) at Messiah College and earned dual master's in Adult & Geriatric Primary Care ('10), a Post-Master's in Nursing Education ('13) and her doctorate ('14) at the University of Pennsylvania. She is currently an Assistant Professor at Villanova University College of Nursing and NCLEX Faculty and Faculty Mentor for Kaplan Test Prep. Dr. MacKenzie has taught Kaplan prep courses for 7 years, coaching hundreds of students to success on the NCLEX.

Session 03-03

1:00-1:50 p.m.

Traymore C

The Eye of the Storm: An Interactive Presentation Using Virtual Reality Goggles

Dr. Marian Nowak, DNP, RN, MPH, CSN, PN, FAAN & Dr. Charles Mc Glenn

Imagine being evacuated from your home. What would it be like to have your possessions destroyed? Obviously, this can be a devastating experience. Hurricane Irma was one of the most powerful hurricanes ever recorded. Thousands were displaced, and torn from daily routines. Natural disasters like hurricanes or man-made disasters (like terror attacks), are an unfortunately reality of the 21 st century. In this session you will use virtual reality goggles, to view the eye of the hurricane, how to prepare an emergency shelter and review remote access nursing interventions developed by Rowan University nursing students.

Dr. Nowak has been a disaster response nurse for 15years. She served in several public health emergency incidents including the recent hurricane Irma. She earned her Doctor of Nursing Practice from Case Western Reserve University and other degrees from Thomas Jefferson University, Temple University, Johns Hopkins University, Richard Stockton University and Our Lady of Lourdes, as well as a parish nursing certificate from Holy Family University and Rowan. She has is one of six nurses worldwide with United Nations consulting status. In her role as Pan-American president of the International Catholic Committee of Nurses and Medico-Social Assistants (CICIAMS), she not only represents the CICIAMS organization at the U. N. but she also consults with officials in North, Central and South American countries to impact health care changes. Her expertise in disaster preparedness is particularly integral to her global nursing involvement and representation. She is currently a professor at Rowan University.

Dr. Mc Glenn has taught disaster management to students at Rowan University using VR goggles as a learning enhancement. Dr. Mc Glyenn has extensive experience evaluating the devastation of natural disasters on the environment and on our communities. He will share what he has learned from student feedback, as well as how he has used this information to improve the student experience by turning the classroom into a virtual world. His creative

learning strategies appeal to new millennium learners by making learning enjoyable, valuable and realistic. He will share his expertise in Virtual Reality applying apps developed that relate to disaster management. His caring outreach also includes helping those in Cebu and the Visayas and has returned nearly every year for over two decades in his support of the Our Lady of Lourdes children's outreach supplying food, clothing, books and school supplies.

Session 03-04

1:00-1:50 p.m.

Longwood/Imperial

Nursing and Moral Distress

Linda Murray Branco, Ph.D., LPC

Moral distress represents the inability of individuals to do what they believe is the right thing to do when faced with ethical or moral dilemmas. All nurses have the potential to experience moral distress and the physical and psychological symptoms associated with the distress. As nurses seek to find a balance between caring and endurance, they may choose opportunities for education, enrichment, and self-care methods to cope with moral distress. We will discuss recent research on moral distress, physical and psychological symptoms associated with moral distress, and specific self-care strategies to alleviate moral distress as a consequence of nursing practice.

Linda Murray Branco is the Director of Mission Integration for Saint Francis Hospital in Wilmington, DE. In this position, she supports the Franciscan mission of the hospital in the areas of ministry formation, ethics education and consultation, and spiritual care. Linda is also the Chair of the Ethics Committee. Linda is a strong advocate for nurses and provides a listening presence for nurses experiencing the challenges of nursing practice. Prior to her role in Mission Integration, Linda served as Director of Pastoral Care at Saint Francis and provided pastoral care and counseling to patients, families, and staff members. Linda worked closely with nurses on a daily basis, and provided individual and group support in times of crises, such as leading post-Code debriefings. Linda is a Licensed Professional Counselor (LPC) and National Certified Counselor (NCC) with a private practice in Pennsylvania and Delaware. Linda received her MS in Pastoral Counseling as well as her Ph.D. in Pastoral Counseling from Neumann University in Aston, PA. She conducted research with critical care nurses for her dissertation titled Moral Distress in Critical Care Nurses.

Session 03-05

1:00-1:50 p.m.

Fairmont/Monticello

Hazardous Chemicals in Healthcare

Cecelia Gilligan Leto, BA

Upon completion of this program, participants will be able to describe how they may be exposed to and how they can reduce their risks to chemicals in healthcare. RNs (and their employers) need to know how best to protect themselves, co-workers, patients, the broader community, and the environment from unwanted exposures. They will also increase their knowledge to their right-to-know under OSHA's Hazard Communication Standard.

Cecelia Gilligan Leto is the NJ Work Environment Council (WEC) Project Director who focuses on safe and healthy workplaces. As project director for WEC, Cecelia leads WEC's Safe Work/Safe Care initiative and has provided quality participatory training to over 7,000 workers from more than 80 organizations. She facilitates an advisory committee to develop curriculum, delivers training, program outreach and assessment, and grant administration. She is an authorized OSHA trainer for 10 and 30-hour courses, and holds a Bachelor's Degree in Labor Safety and Health. Cecelia served as Vice President of the Board of Directors for the National

Council for Occupational Safety and Health from 2011-2015 and in 2016 received their Educator of the Year Award. Currently, she is the President of the Greater NJ Coalition of Labor Union Women.

Session 03-06

1:00-1:50 p.m.

Lincoln/Central

Blood Drive

American Red Cross

Clara Barton and a circle of her acquaintances founded the American Red Cross in Washington, D.C. on May 21, 1881. The American Red Cross exists to provide compassionate care to those in need. Our network of generous donors, volunteers and employees share a mission of preventing and relieving suffering, here at home and around the world, through five key service areas: disaster relief, supporting America's military families, lifesaving blood, health and safety services, and international services. As one of the nation's premier humanitarian organizations, we depend on the many generous contributions of time, blood, and money from the American public to support our lifesaving services and programs.

Focus Session 4

Thursday, March 1, 2018

Session 04-01

2:00-2:50 p.m.

Traymore A

Taking the Scare of Out of Critical Care; Confessions of an ICU Nurse

Vivian R. Feldman, BSN, RN, CCRN-CSC

Working in the ICU can be...intense. In this presentation we will review what it means to be an ICU nurse, and how this critical care environment stands out from all the rest! We will discuss the different types of adult ICUs, and what it takes to be successful as a new graduate. Using actual clinical (HIPAA compliant) photos as reference, we'll check out some of the more interesting arrhythmias, devices, and conditions that ICU RNs handle on a regular basis. Most of all, we'll discuss the ICUs most tried and true statement, "at a cardiac arrest the first procedure is to take your own pulse." #iseeuinICU?

Vivian R. Feldman BSN, RN, CCRN-CSC is a proud alumna of NJNS and Rutgers College of Nursing 12', now living and working in Manhattan. Vivian began her career as a new graduate RN in the cardiac ICU at The Valley Hospital in Ridgewood, NJ and has since worked in medical, surgical, and neuro. intensive care areas. Vivian is a current staff RN in the cardiothoracic intensive care unit (CTICU) at Columbia University Medical Center/ New York Presbyterian, with specialty in heart/lung transplant and cardiac assistive devices like ECMO (extracorporeal membrane oxygenation) and VADs (ventricular assist devices). Vivian holds specialty certification in both critical care and cardiac surgery. Vivian is a current MSN candidate at the Hunter Bellevue School of Nursing, and serves as ambassador for the AACN (American Association of Critical Care Nurses). Vivian's research/publication focus is the importance of quiet in the critical care environment, and she is passionate about safe staffing and EBP (evidence based practice).

Session 04-02

2:00-2:50 p.m.

Traymore B

"Making Pharmacology Stick with Kaplan"

Dr. Meredith MacKenzie Greenle, PhD, RN, CRNP, CNE

Pharmacology is overwhelming, because there is so much information to absorb! This seminar will give you keys to success for learning Pharmacology for the NCLEX-RN® and will instill great

practices to help you continue to master changing medications as you embark on your nursing career. We've worked with students for 35 years to help more students achieve their NCLEX goals than any other test prep provider, and we know how to help students set up successful study plans for ALL areas of the NCLEX test plan including Pharmacology. This interactive session will guide you in what you need to study, how you need to study, and how to use practice questions for maximum effect. We'll help you develop the critical reasoning skills you need to think your way through Test Day. Attend our Pharmacology session to get a head start on your NCLEX-RN® success story!

Dr. Meredith MacKenzie Greenle completed her BSN ('07) at Messiah College and earned dual master's in Adult & Geriatric Primary Care ('10), a Post-Master's in Nursing Education ('13) and her doctorate ('14) at the University of Pennsylvania. She is currently an Assistant Professor at Villanova University College of Nursing and NCLEX Faculty and Faculty Mentor for Kaplan Test Prep. Dr. MacKenzie has taught Kaplan prep courses for 7 years, coaching hundreds of students to success on the NCLEX.

Session 04-03

2:00-2:50 p.m.

Traymore C

Nurses Caring in the Community: We are All in this Together

Michelle Golba-Norek RN BSN MS CEN MICN

In nursing school we learn about the needs of the community and how to treat our patients in the hospital. This program discusses how to help our community stay healthy, out of the hospital and resources for health and wellness. We will discuss strategies to effect caring in our community through evidence based programs and the need for follow up. We will also discuss the difference between a Marketing view and a Nursing view of Community outreach.

Michelle Golba-Norek has more than 30 years in the nursing field and is currently A PARAMEDIC SUPERVISOR/ MICN and Emergency Health Community Educator at Raritan Bay Medical Center. She is a Registered Nurse, EMT, and Mobile Intensive Care Nurse with background in emergency care, critical care, program development, staff management, community outreach, pet therapy, nutrition and supervision. She is a Community Emergency Response Team ducator/Coordinator. Her dogs Lily and Callie are therapy dogs at RBMC. She holds instructor and provider certifications in Medical, Trauma and Emergency Preparedness across the life span. She is an Adjunct Professor at New Jersey City University, Jersey City, NJ and Kean University, Union, NJ. michellegolba@gmail.com

Session 04-04

2:00-2:50 p.m.

Marlborough Salon B/C

Part 1: Explore & Discover your Specialty in Nursing!

Leo-Felix M. Jurado, PhD, RN, APN, NE-BC, CNE, FAAN

Nursing is probably one of the most versatile professions. This session will present a wide-range of specialties in nursing. Dr. Leo-Felix Jurado, a seasoned educator and a passionate leader organized a panel of speakers comprise of his previous students and mentees who are now working in different fields of nursing such as Emergency Department, Critical Care, Medical-Surgical Nursing, Postpartum, Sub-Acute/Long Term Care, Correctional, Critical Care Transport, APN/Hospitalist, APN/Medical Office and Anesthesia Nursing. Speakers will discuss the opportunities and challenges in their fields. They will describe a "typical day" at work and what characteristics nurses must have in order to enjoy working in those areas.

Leo-Felix M. Jurado is an Associate Professor at William Paterson University; an Administrative Nursing Supervisor at St. Peter's University Hospital; and an online faculty/mentor at Thomas Edison State University. Dr. Jurado is a versatile leader in nursing and healthcare. He is a past president of the NJ Board of Nursing; a past president of the Philippine Nurses Association of NJ; and a past president of the Philippine Nurses Association of America (PNAA). Currently he serves as the PNAA Parliamentarian and the Editor-in-Chief of the Journal of Nursing Practice Applications & Reviews of Research. His research agenda includes foreign-educated nurses and men in nursing. He received several distinguished awards in nursing and healthcare including his induction as a Fellow of the American Academy of Nursing. He is a certified nurse educator, nurse executive, and an advanced practice nurse. Dr. Jurado completed his BSN and BA in English at St. Paul University in the Philippines; MA in Nursing from New York University; and PhD in Urban Health Systems at Rutgers University and NJIT.

Samuel Arana, BSN, RN – Emergency Department

Samuel graduated from Passaic County Community College with an Associate in Applied Science Degree in Nursing in December 2012. While working at an Urgent Care center, he pursued his BSN at William Paterson University and graduated in August 2015. Samuel currently works at the Emergency Department at New York Presbyterian-Allen Hospital. He is actively involved with the ER's practice council. He plans to obtain his certification in ER nursing and pursue graduate education.

Anoush Kalachian, BSN, RN – Neuro-Ortho Surgical Unit

Anoush is a registered nurse on the neurosurgery and orthopedic post-operative unit at Englewood Hospital and Medical Center in Bergen County. She graduated summa cum laude with her BSN from William Paterson University in May 2016. With just over a year of being a staff nurse, she has already won multiple awards, including the March of Dimes Rising Star Nurse of the Year, crediting her undergraduate education and professors who have become indispensable mentors. Anoush is currently in her first semester at Rutgers University's Doctor of Nursing Practice program. She considers her nursing profession an art and cannot imagine having pursued anything else.

Robinson Sepulveda, BSN, RN – Intermediate Care Unit

Robinson completed his BSN at William Paterson University in May 2016. He currently works as a staff nurse at an Intermediate Care Unit with focus on Cardiology & Stroke at Hackensack University Medical Center.

Eric Cascio, RN - Critical Care Transport

Eric completed his Associate in Applied Science in Nursing from County College of Morris in May 2006. He began his nursing career at Somerset Medical Center ICU and worked there for almost two years. For a short duration, he was a Transplant Coordinator with Sharing Network. For the past nine years, he has been working as a Transport RN, currently with the Atlantic Health System Ambulance.

Melissa Urrea, BSN, RN – Post Partum Unit

Melissa currently works at the postpartum units at Hackensack University Medical Center and at Jersey City Medical Center. She earned her BSN at William Paterson University in May 2016.

Nhat Nguyen, MSN, RN, APN – Sub-Acute, Long Term Care, Dementia Unit; Post-acute Advanced Practice Nurse

Nhat Nguyen was an international student from Vietnam. He obtained his BSN in January 2014 and his MSN Family Nurse Practitioner in January 2017 at William Paterson University. He works at Merry Heart Long Term and Rehabilitative Care in Succasunna, NJ. He also works as an Advanced Practice Nurse providing care to post-acute care patients.

Tri Le, MSN, RN – Correctional Nursing

Tri has been a Registered Nurse for seven years. He obtained his Associate in Applied Science, Nursing at County College of Morris in May 2011; BSN at Ramapo College of New Jersey in 2013 and his MSN, Family Nurse Practitioner track at William Paterson University in January 2018. He has worked in sub-acute/long-term care, methadone clinic and now at Edna Mahan Correctional Facility.

Sandra Thebaud, DNP, RN, APN – Advanced Practice Nurse, Hospitalist

Dr. Thebaud's 17-year nursing career began at William Paterson University where she received her BSN in May 2001. She started working at Hackensack University Medical Center (HUMC) as a surgical step-down nurse. While working at HUMC, she obtained her Master of Science in Nursing from the University of Medicine and Dentistry of New Jersey in Stratford, NJ (now Rutgers University) and became an Adult Nurse Practitioner. She transitioned from HUMC to Saint Peter's University Hospital where she is now the Assistant Manager of the House Coverage Team. She completed her Doctor of Nursing Practice (DNP) degree at William Paterson University while balancing work and family life.

Thomas Lu, MSN, RN, CCRN, CRNA – Nurse Anesthesia & Critical Care Nursing

Thomas Lu has been a Critical Care Nurse since 2012 at St. Peter's University Hospital in New Brunswick, NJ. He also worked at the Post-Anesthesia Care Unit at Bayshore Community Hospital in Holmdel, NJ. He completed a Bachelor of Arts in Sociology at Rutgers University and an accelerated BSN at New Jersey City University. He recently completed a Master of Science in Nursing, Nurse Anesthesia Program at the State University of New York Downstate Medical Center. He is a certified as a Registered Nurse Anesthetist.

Kaneez Odgers, MSN, RN, APN – Advanced Practice Nurse in a Medical Office

Kaneez completed her Bachelor's in Nursing in 2000 from the University of Calgary in Alberta, Canada. She worked as a medical-surgical nurse, travel nurse, pediatric hospice and in pediatric ER. She then pursued her MSN Family Nurse Practitioner track and graduated in 2009 from the University of Medicine & Dentistry in NJ (now Rutgers University). She currently works as a Nurse Practitioner at High Mountain Health in Wayne, NJ. She sees patients across the lifespan treating acute and chronic illnesses. She is a Doctor of Nursing Practice student at William Paterson University with anticipated graduation of May 2019. She has also taught in graduate NP programs.

Session 04-05

2:00-2:50 p.m.

Blenheim

Active Shooter Scenario: Practical and Philosophical Implications

Stephanie Herr, MSN, RN

Since 2000, FBI statistics recorded more than 230 incidents of active shooters with 2000 casualties. This past year the events in Las Vegas and Texas alone resulted in over 8- deaths and 500 injuries. Unfortunately, the active shooter scenario is a reality for all of us. Do you know what to do if confronted with an active shooter? This presentation is divided into three sections: (1) Homeland Security Training recommendations "Run, Hide, Fight" for civilians (2) Expectations and ethical considerations specific to healthcare providers, and (3) Overview of field triage and emergency management questions for NCLEX and disaster preparedness.

Stephanie Herr, MSN, RN presented her master thesis work on service learning and the Community Emergency Response Team (CERT). Her DNP thesis entitled "Plain Language Emergency Alerts" is an emergency management safety imitative implementing direct impact statements for hospital communications systems. Currently, Ms. Herr is a clinical education specialist with the emergency departments at St. Joseph's Health and the Safety Officer for the Glen Ridge Ambulance Squad. She has served as the nursing chair for an ADN program,

emergency nursing, and EMS. She holds multiple FEMA certifications for ICS, NIMs, and CERT. Most recently, she participated in the statewide active shooter drills with NY/NJ Port Authority and Port of Bayonne where the newest warm zone rapid extraction techniques were tested. Ms. Herr is a past state treasurer of NJNS, Inc. and is pleased to have the opportunity to present to fellow students and peers.

Session 04-06

2:00-2:50 p.m.

Longwood/Imperial

Caring According to the Goals of Life

Nancy Hill RN MSN CMSRN CCM & Penny Smith RN MSN CCRN

This session will focus on the care of your patient based upon their goals of life. The topics of palliative care and hospice will be discussed as they relate to each other and how they are used to promote better patient outcomes and satisfaction. There is also a brief discussion of the importance of advanced directives and the POLST form. A simulation experience is incorporated into this discussion. Attendees of this session will have the opportunity to leave with a better understanding of how treatment according to the patient's goals of life should be incorporated into their individualized plan of care.

Nancy Hill is professor/simulation specialist at Rutgers School of Nursing, Camden. Nancy brings over 30 years of acute hospital nursing experience with her to use in the academia world. She has worked in numerous departments but specialized in Emergency Medicine and Case Management, for which she holds her specialty certification. She maintains her certification in Medical/Surgical nursing as well and is a champion of hospice and palliative care for years. She was part of the original team that initiated a palliative care program at her local community hospital. Nancy is a member of the American Association of Critical Care Nurses as well as the Sigma Theta Tau International Honor Society of Nursing. She holds a BA in Sociology/Education from Douglass College, a BSN from Chamberlain College of Nursing and an MSN in Education from Wilmington University College of Health Professionals.

Penny Smith is a professor/simulation specialist at Rutgers School of Nursing, Camden. Penny began working in her current position after retiring from her job at a local community hospital after 28 years. During that time her knowledge grew diverse as she worked in many critical care areas. She brings over a decade of intensive care nursing experience and later specialized in cardiac/pulmonary rehabilitation before retiring from her position in perioperative/postoperative services. Penny also spent over 5 years as nurse educator and mentor to new nurses at the hospital. She has a natural ability to teach and is well respected by her peers. She is a member of the Sigma Theta Tau International Honor Society of Nursing as well as the American Association of Critical Care Nurses and has been active in planning and participating in their local conferences. She received her BSN from Thomas Jefferson University and her MSN from Wilmington University.

Session 04-07

2:00-2:50 p.m.

Berkshire/Trivoli

The Power of Networking, Branding, and Marketing Your Nursing Skills

Elizabeth A. Corshu MS, BSN, RN

NurseExec Innovations is a career coaching brand expertise for Nurses. The goal is to assist Nurses at the entry level/ new graduates, mid- level in pursuit of graduate degrees/ managerial or director positions, E-level executive/entrepreneur seeking to gain employment. Nurses will have the opportunity to choose areas of necessity to either hone their skills through interviewing techniques, resume/portfolio building, career development and strategic coaching to gain entry into a competitive healthcare market. Nurses will have options of individual or

group workshop sessions, use of technology integration, web based learning systems, in a healthcare industry that is rapidly changing and constantly evolving with new ideas, scientific advancements, which require Nursing professionals to use their clinical, academic, interpersonal, and technological savvy skills to be efficient and MVP in the workplace.

Elizabeth A. Corshu MS, BSN, RN is a Registered Nurse that currently works for a Fortune 500 insurance company, providing her clinical and academic expertise serving Essex and Hudson counties as a RN Case Manager. The flame that sparked her interest to pursue Nursing was her 5th grade classmate was diagnosed with Acute Leukemia and later died. It was through the strong support of her mother/mentor that was an RN explained the reason for the sickness and the treatment plan. During her undergraduate years at Bloomfield College Elizabeth developed a love for Cardiac and Nursing Leadership. Her professors often described her as a self-motivated, disciplined, research mind with budding leadership qualities. She has 20 years of experience as an RN. Her work experience includes but not limited too : Med/Surg, Respiratory, Cardiac, Sickle Cell Anemia, HIV, Renal Dialysis, Oncology, Trauma ICU, PACU, Nursing Administration, Nursing Education Specialist/Professional Development, Nurse Consultant for medical malpractice firms and much more! She obtained her BSN from Bloomfield College, MS dual tracks Health Administration & Community Health Education, NYU 2007 Fellow Leadership Institute for Nurses, She served as a Nursing mentor for 5yrs with NYU and various colleagues, she belongs to a host of organizations to name a few: NJSNA, ACCN, NBNA, Sigma Theta Tau, Chi Eta Phi Nursing Sorority, Delta Sigma Theta Sorority Inc. Elizabeth's vision is to become an International Nurse serving in the role of a global leader impacting healthcare policies, quality and improve healthcare systems around the world. She is eternally thankful for her parents that migrated from their native countries to pursue professional degrees in the USA which shifted the trajectory of their lives to attain educational advancement and economic stability.

Session 04-08

2:00-2:50 p.m.

Fairmont/Monticello

Integrative Wellness Solutions: The Art of Healing with Mindfulness Meditation, Reiki, Pranik Healing, Tai-chi, Yoga and Guided Imagery

Varsha Singh MSN, APN

Integrative wellness Solutions is the art of caring as well as assisting the people in discovering the healing powers of these practices. More and more the integrative wellness is now considered as the part of the solution to manage the chronic diseases. It is an attitude of caring and using principles of these ancient practices that balances the physical and mental well-being. The audience will have an opportunity to experience a sampler of all the practices through active participation and understand the impact on mind and body. Nurses have an opportunity to specialize in any of these areas and then expand their careers to help their patients. The knowledge about the integrative wellness solutions is also important for the selfcare for the nurses. It will unravel the mystery behind these wonderful therapies that can benefit anyone.

Varsha Singh is current President of Forum of Nurses of Advance Practice and a doctoral student at Seton Hall University. As an independent medical practitioner, she practiced Homeopathy, Yoga, Ayurveda and Yoga in India from 1991 to 1998 in Bombay and Pune. After her immigration to America she got her certification as Yoga Teacher by the American Yoga Academy and then went to school to get her RN and then MSN. She conducted Yoga sessions at the End of Life conference in 2008 and never stopped advising her patients about the art of healing through practice of meditation, yoga and reiki. In her role as an Adult Health Nurse

Practitioner, she incorporated many such integrative wellness solutions for the hospital employees when she was Employee Health Manager at RWJBH Rahway. As an adjunct faculty at Trinitas School of Nursing, she always begins her class with a mindful meditation for the nursing students. Following her true passion, Varsha Singh has started her own 'Integrative Wellness Solutions' practice in Union County, NJ where she provides a unique consultation which combines mainstream medical practice with integrative adjuvant treatments. She welcomes the consultations for those who are seeking more than just the medication management of their diseases. Her dream is to create a state of the art wellness practice that benefits everyone.

Session 04-9

2:00-2:50 p.m.

Lincoln/Central

Blood Drive

American Red Cross

Clara Barton and a circle of her acquaintances founded the American Red Cross in Washington, D.C. on May 21, 1881. The American Red Cross exists to provide compassionate care to those in need. Our network of generous donors, volunteers and employees share a mission of preventing and relieving suffering, here at home and around the world, through five key service areas: disaster relief, supporting America's military families, lifesaving blood, health and safety services, and international services. As one of the nation's premier humanitarian organizations, we depend on the many generous contributions of time, blood, and money from the American public to support our lifesaving services and programs.

Focus Session 5

Thursday, March 1, 2018

Session 05-01

3:00-3:50 p.m.

Traymore A

Taking the Scare of Out of Critical Care; Confessions of an ICU Nurse

Vivian R. Feldman, BSN, RN, CCRN-CSC

Working in the ICU can be...intense. In this presentation we will review what it means to be an ICU nurse, and how this critical care environment stands out from all the rest! We will discuss the different types of adult ICUs, and what it takes to be successful as a new graduate. Using actual clinical (HIPAA compliant) photos as reference, we'll check out some of the more interesting arrhythmias, devices, and conditions that ICU RNs handle on a regular basis. Most of all, we'll discuss the ICUs most tried and true statement, "at a cardiac arrest the first procedure is to take your own pulse." #iseeuinICU?

Vivian R. Feldman BSN, RN, CCRN-CSC is a proud alumna of NJNS and Rutgers College of Nursing 12', now living and working in Manhattan. Vivian began her career as a new graduate RN in the cardiac ICU at The Valley Hospital in Ridgewood, NJ and has since worked in medical, surgical, and neuro. intensive care areas. Vivian is a current staff RN in the cardiothoracic intensive care unit (CTICU) at Columbia University Medical Center/ New York Presbyterian, with specialty in heart/lung transplant and cardiac assistive devices like ECMO (extracorporeal membrane oxygenation) and VADs (ventricular assist devices). Vivian holds specialty certification in both critical care and cardiac surgery. Vivian is a current MSN candidate at the Hunter Bellevue School of Nursing, and serves as ambassador for the AACN (American

Association of Critical Care Nurses). Vivian’s research/publication focus is the importance of quiet in the critical care environment, and she is passionate about safe staffing and EBP (evidence based practice).

Session 05-02

3:00-3:50 p.m.

Traymore B

“What’s Old Is New Again” – Midwifery as a Career Choice Option for Today’s Student Nurses

Linda Sloan Locke CNM,MPH,RN,LSW,FACNM & Rosemarie Bello Hornak CNM, MSN

Often characterized and the world’s “second oldest profession”, Midwifery is a profession with a long history throughout the world. In June, 2014, the Lancet’s proclamation that Midwifery is “a vital solution to the challenges of providing high-quality maternal and newborn care for all women and newborn infants, in all countries” demonstrates that it is a profession for today. In the US, over 11,000 Certified Nurse Midwives practice in every state, providing reproductive and well-woman health care throughout the life cycle, making this an exciting career option!

Ms Locke, who is the current President of the New Jersey Affiliate of the American College of Nurse-Midwives, has over 45 years of experience in women’s health. Her interest in nursing began in high school when she volunteered at the University of Chicago Hospital System. She obtained her BSN and MPH from the University of Michigan, and her Midwifery Certificate from SUNY Downstate. She has held Faculty positions at WPU and UMDNJ/Rutgers and has continued throughout her career to precept and mentor Midwifery and APN students. Her experience includes positions at Planned Parenthood and FQHCs, 10 years in Midwifery solo Private Practice, and 26 years as Chief of Midwifery at St Joseph’s Regional Medical Center. Her career-long interest in health disparities and the intersection of health and mental health led to obtaining her MSW from Rutgers with a certificate in Violence Against Women and Children.

Rosemarie Bello Hornak - A midwife for almost 25 years, her journey began at Englewood Hospital School for Nursing, obtaining her R.N., and immediately continuing at William Patterson College for her B.S.N. She worked on Labor and Delivery in Englewood Hospital before attending Columbia University’s Graduate midwifery program. After obtaining her MSN in 1993, Rosemarie began her midwifery career as a staff midwife at St Joseph’s Hospital, Paterson. She left to start a private practice, then after starting her own family, she returned to St Joe’s. She has become a First-Assistant for C/S, has precepted both nursing and midwifery students, and is the primary midwife for the Teen Gyn clinic. In this role she focuses on girls’ health, encouraging them to know their bodies while living a healthy lifestyle. She has initiated a Mother-daughter spin program which excites them about exercise and strengthens the mother daughter relationship.

Session 05-03

3:00-3:50 p.m.

Traymore C

Novice to Expert: Journey to Nursing Competency

Louella Holtz, MSN, RN, APN, CCRN-K, RN-BC

Competency is crucial to provision of high quality patient care. Every nurse acquires and develops skill and competency over time. Knowledge of Benner’s Stages of Clinical Competency aids nurses to navigate through various stages of professional growth and development. Case scenarios will be presented to better understand each level of nursing practice.

Louella Holtz has more than 30 years of acute care nursing experience and is currently an Acute Care Nurse Educator at the Department of Veterans Affairs New Jersey Health Care System. She

is also a Professional Development Specialist and Nursing Supervisor at Raritan Bay Medical Center-Hackensack Meridian Health Care System. Her clinical background includes pediatric, medical-surgical, telemetry, critical care, and emergency care. Mrs. Holtz has presented various topics in organizations such as New Jersey Nursing Student Inc., New Jersey State Nurses Association, and New Jersey Hospital Association. For over 15 years, she is a Basic Life Support, Advanced Cardiac Life Support, and Pediatric Advanced Life Support Instructor with the American Heart Association. louella.holtz@va.gov

Session 05-04

3:00-3:50 p.m.

Marlborough Salon A

Healthy Nurse Health Nation NJNSA/ANA

Kate Gillespie, MBA RN NE-BC

The ANA had designated 2017 as the year of the “Year of the Healthy Nurse” with the launch of the “Healthy Nurse Health Nation” Grand Challenge for all nurses and nursing students. NJ embraces this challenge and is contributing to drive this initiative across NJ. Our Goal is to help nurses feel empowered to engage in a variety of activities to better their quality of life, utilize peer to peer support to improve their overall health and then be in a place to challenge the rest of the country to do the same. If all 3.6 million registered nurses increases their personal wellness and then their families, coworkers, and patients will follow suit, what a happier, healthier world we would live in. This presentation objective is to have participants gain knowledge on the impact nurses have in promoting health to our patients, and be role models and advocates, Participants will also gain knowledge in what are components of healthy lifestyle and what individuals and groups can do to improve their quality of life. Participants will understand what is quality of life and the importance in a successful nursing and personal growth and success.

Kate Gillespie is responsible for overseeing strategy and problem development for the orthopedic and spine service lines. This scope includes building a strong foundation of outstanding clinicians, driving market growth, and establishing best practice models across the system’s continuum of care. She is preparing the service line for value based reimbursement which includes a focus on cost reduction, quality outcomes and customer experience throughout the episode of care, achieving consistently 15% under the CMS target for Virtua and Orthopedic surgeons. Kate has been with Virtua for 18 years, starting as a critical care nurse, then moving into management, and is certified Six Sigma black belt where she worked on lean projects that improved quality and cost reduction. She is the President Elect for NJSNA and active member of the NJ PAC. Kate has presented HNHN topic to Nursing staff and leadership and Virtua in 2017. Kate has also represented at multiple conferences, including AAOS/NAON and HFMA on topics around CMS Bundles Payment and the successful journey of Virtua’s Joint Replacement Institute.

Session 05-05

3:00-3:50 p.m.

Marlborough Salon B/C

Part 2: Explore & Discover your Specialty in Nursing!

Leo-Felix M. Jurado, PhD, RN, APN, NE-BC, CNE, FAAN

Nursing is probably one of the most versatile professions. This session will present a wide-range of specialties in nursing. Dr. Leo-Felix Jurado, a seasoned educator and a passionate leader organized a panel of speakers comprise of his previous students and mentees who are now working in different fields of nursing such as Emergency Department, Critical Care, Medical-Surgical Nursing, Postpartum, Sub-Acute/Long Term Care, Correctional, Critical Care Transport, APN/Hospitalist, APN/Medical Office and Anesthesia Nursing. Speakers will discuss the

opportunities and challenges in their fields. They will describe a “typical day” at work and what characteristics nurses must have in order to enjoy working in those areas.

Leo-Felix M. Jurado is an Associate Professor at William Paterson University; an Administrative Nursing Supervisor at St. Peter’s University Hospital; and an online faculty/mentor at Thomas Edison State University. Dr. Jurado is a versatile leader in nursing and healthcare. He is a past president of the NJ Board of Nursing; a past president of the Philippine Nurses Association of NJ; and a past president of the Philippine Nurses Association of America (PNAA). Currently he serves as the PNAA Parliamentarian and the Editor-in-Chief of the Journal of Nursing Practice Applications & Reviews of Research. His research agenda includes foreign-educated nurses and men in nursing. He received several distinguished awards in nursing and healthcare including his induction as a Fellow of the American Academy of Nursing. He is a certified nurse educator, nurse executive, and an advanced practice nurse. Dr. Jurado completed his BSN and BA in English at St. Paul University in the Philippines; MA in Nursing from New York University; and PhD in Urban Health Systems at Rutgers University and NJIT.

Samuel Arana, BSN, RN – Emergency Department

Samuel graduated from Passaic County Community College with an Associate in Applied Science Degree in Nursing in December 2012. While working at an Urgent Care center, he pursued his BSN at William Paterson University and graduated in August 2015. Samuel currently works at the Emergency Department at New York Presbyterian-Allen Hospital. He is actively involved with the ER’s practice council. He plans to obtain his certification in ER nursing and pursue graduate education.

Anoush Kalachian, BSN, RN – Neuro-Ortho Surgical Unit

Anoush is a registered nurse on the neurosurgery and orthopedic post-operative unit at Englewood Hospital and Medical Center in Bergen County. She graduated summa cum laude with her BSN from William Paterson University in May 2016. With just over a year of being a staff nurse, she has already won multiple awards, including the March of Dimes Rising Star Nurse of the Year, crediting her undergraduate education and professors who have become indispensable mentors. Anoush is currently in her first semester at Rutgers University’s Doctor of Nursing Practice program. She considers her nursing profession an art and cannot imagine having pursued anything else.

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Melissa currently works at the postpartum units at Hackensack University Medical Center and at Jersey City Medical Center. She earned her BSN at William Paterson University in May 2016.

Nhat Nguyen, MSN, RN, APN – Sub-Acute, Long Term Care, Dementia Unit; Post-acute Advanced Practice Nurse

Nhat Nguyen was an international student from Vietnam. He obtained his BSN in January 2014 and his MSN Family Nurse Practitioner in January 2017 at William Paterson University. He works

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Sandra Thebaud, DNP, RN, APN – Advanced Practice Nurse, Hospitalist

Dr. Thebaud's 17-year nursing career began at William Paterson University where she received her BSN in May 2001. She started working at Hackensack University Medical Center (HUMC) as a surgical step-down nurse. While working at HUMC, she obtained her Master of Science in Nursing from the University of Medicine and Dentistry of New Jersey in Stratford, NJ (now Rutgers University) and became an Adult Nurse Practitioner. She transitioned from HUMC to Saint Peter's University Hospital where she is now the Assistant Manager of the House Coverage Team. She completed her Doctor of Nursing Practice (DNP) degree at William Paterson University while balancing work and family life.

Thomas Lu, MSN, RN, CCRN, CRNA – Nurse Anesthesia & Critical Care Nursing

Thomas Lu has been a Critical Care Nurse since 2012 at St. Peter's University Hospital in New Brunswick, NJ. He also worked at the Post-Anesthesia Care Unit at Bayshore Community Hospital in Holmdel, NJ. He completed a Bachelor of Arts in Sociology at Rutgers University and an accelerated BSN at New Jersey City University. He recently completed a Master of Science in Nursing, Nurse Anesthesia Program at the State University of New York Downstate Medical Center. He is a certified as a Registered Nurse Anesthetist.

Kaneez Odgers, MSN, RN, APN – Advanced Practice Nurse in a Medical Office

Kaneez completed her Bachelor's in Nursing in 2000 from the University of Calgary in Alberta, Canada. She worked as a medical-surgical nurse, travel nurse, pediatric hospice and in pediatric ER. She then pursued her MSN Family Nurse Practitioner track and graduated in 2009 from the University of Medicine & Dentistry in NJ (now Rutgers University). She currently works as a Nurse Practitioner at High Mountain Health in Wayne, NJ. She sees patients across the lifespan treating acute and chronic illnesses. She is a Doctor of Nursing Practice student at William Paterson University with anticipated graduation of May 2019. She has also taught in graduate NP programs.

Session 05-06

3:00-3:50 p.m.

Longwood/Imperial

A Global Health Nursing Experience in Tanzania: Building Partnerships Through Simulation Education

Rowena Curva MSN, RN, FNP-C

Service-based learning in nursing education offers the opportunity for cultural immersion to help learners understand the impact that culture, socioeconomic status, and ethics have on global health. These service-learning practicums help to form networks through research and education, which benefits both our country and our host country's students and clinicians. Explore my global health experience in Tanzania utilizing simulation education. Learn how you can get involved, what you can expect, and how to prepare for a service-learning trip.

Rowena Curva is celebrating her 10 th year in nursing this year. She is a Family Nurse Practitioner, PhD Student Teaching Fellow and Clinical Learning Facilitator at Rutgers School of Nursing. Some highlights of her career include working in the

emergency department, research, and education. She is passionate about global health education, and will guide students through their Global Health Practicum in Tanzania this May. Currently, she is pursuing her PhD in Nursing at Rutgers and hopes to contribute research that supports simulation in nursing education.

Session 05-07

3:00-3:50 p.m.

Berkshire/Trivoli

“Promoting Resilience in Professional Nurse Practice through Mindfulness”

Brenda Petersen, PhD, MSN, RN, APN-c, CPNP-PC

Nursing is a rewarding career that can also be emotionally draining. Nurses suffer from work-related stress and burnout at higher levels than other occupational groups. Maslach, Jackson and Leiter 1996, p. 4 define burnout as a “syndrome of emotional exhaustion, depersonalization, and reduced personal accomplishment that can occur among individuals who work with others.” Mindfulness Based Stress Reduction (MBSR) is a technique developed by Kabat-Zinn (2003) that incorporates meditation, yoga and relaxation techniques. This presentation will provide an overview of MBSR to support the novice nurse in caring for self in order to care for others at optimal levels, and thereby improving outcomes for both the nurse and the patient.

Brenda Petersen is Associate Dean of the School of Nursing and Public Health at Caldwell University, Caldwell, NJ. Petersen earned her PhD in Health Sciences Leadership from Seton Hall University School of Graduate Medical Education, a Bachelor of Science and Master of Science in Nursing from Seton Hall University. Petersen is an Advanced Practice Nurse and Certified Pediatric Nurse Practitioner. Petersen’s area of research expertise is horizontal violence and oppression in nursing. An expert in curriculum and program development in higher education, Petersen is serving on the Community Health Worker Advisory Board for the New Jersey Expansion of the Healthcare Workforce Coalition to develop the standards for education, practice and licensure for community health workers in NJ. Petersen serves on the Board of Directors of the New Jersey Physician Advisory Group and has presented locally and nationally in her research area of horizontal violence and oppression in nursing.

Session 05-08

3:00-3:50 p.m.

Fairmont/Monticello

Breakthrough to Nursing, Resolution, Community Health Board Member

Projects: See What NJNS Had Been Up To

Stephanie Rogers, BA, Victoria Giordano, BA, Melissa Kapcsandi

Focus Session 6

Thursday, March 1, 2018

Session 06-01

4:00-4:50 p.m.

Traymore A

The As, Bs and Cs of Arterial Blood Gases

VERA KUNTE, DNP, APN-C, CNE

Arterial blood gas analysis provides essential information about a patient’s oxygenation status, gas exchange and acid-base balance. Acid-base imbalances can become life-threatening and early recognition and intervention is crucial to ensure patients receive appropriate, timely care. Many nursing students find interpretation of ABG results difficult and confusing. A review of the basic physiology of acid-base balance and an easy 4-step analysis of the ABG aims to increase the student’s understanding of the relevance of the results. Case studies and practice examples test students’ ability to interpret ABG results and to develop a plan of care in the clinical setting.

Dr. Kunte received her BSN from SNDT University in India and her MSN and DNP from Rutgers University. Dr. Kunte has been teaching in pre-licensure, RN-BSN and graduate level programs for the past 15 years. Currently she serves as an APN in the Department of Clinical Education of a local community hospital, practices as an Adult NP in an Internal Medicine Practice, and teaches in the graduate nursing program at Thomas Edison State University.

Session 06-02

4:00-4:50 p.m.

Traymore B

Health Literacy: Improving Patient Engagement Strategies

Aneesha Jean DNP, MSN, RN, CNE

Health literacy as defined by the Institute of Medicine, (2004) is the degree to which individuals have the capacity to obtain, process and understand basic health information and services needed to make appropriate decisions regarding their health. Specific patient populations are recognized as being particularly vulnerable to poor health outcomes because of low health literacy. In an increasingly complex healthcare system, nurses need to prepare to meet the challenges of health literacy and improve on strategies to engage specific patient populations. This seminar will include an in depth look at health literacy and evidenced based strategies the entry level baccalaureate nurse can employ to address the needs of low literacy populations.

Aneesha Jean is currently an Assistant Professor at Caldwell University.

Dr. Jean's nursing experience includes serving as a clinical instructor at several institution in Northern NJ and working as a Labor and Delivery Nurse at St. Joseph's Regional Medical Center. She also served as the Director of Wellness Services and Field Nurse Supervisor at HomeCare Option, a non-for profit home care organization in Paterson, NJ. Dr. Jean has been a community health educator and has provided trainings on health promotion and wellness issues for various populations and groups across the lifespan (i.e. Workers, Geriatrics and others). Dr. Jean also worked at high schools in Passaic County teaching students the importance of good nutrition, exercise, and chronic disease prevention. She also serves as a mentor and tutor for BSN students. Dr. Jean earned her BSN and her MSN (Nursing Education) at Ramapo College of New Jersey and the University of Medicine and Dentistry of New Jersey joint program and recently completed and presented her DNP project at William Paterson University in Wayne, NJ.

Session 06-03

4:00-4:50 p.m.

Traymore C

"Emergency Nursing: Caring for All Walks of Life and Enduring the Impossible"

Daniel Misa, MSN, RN, CEN, CPEN

We just about see it all in emergency nursing from birth to death and everything in between, but when you think you have seen it all, think again! Explore the inner workings of an emergency department and some of the hallowed stories held within its walls, and discover ways in which to join the wonderful world of emergency nursing.

Daniel Misa returns for his fifth consecutive appearance to share his expertise as a millennial in emergency nursing practice. He is very active in the nursing professional organization community, holding positions and serving on committees for the Emergency Nurses Association (ENA), New Jersey State Nurses Association, and Organization of Nurse Leaders New Jersey. Dan works as a clinical shift supervisor for the emergency department at The Valley Hospital in Ridgewood and per diem nursing coordinator/supervisor at Chilton Medical Center in Pompton Plains. He is a past recipient of the New Jersey League for Nursing Nurse Recognition

Award and New Jersey ENA Rising Star and Behind the Scenes Awards. Dan is a proud alumnus of Rutgers, The State University of New Jersey, holding his master of science degree in nursing leadership and management and his bachelor of science degree in nursing. He holds certifications in emergency nursing and pediatric emergency nursing.

Session 06-04

4:00-4:50 p.m.

Marlborough Salon A

Nursing Image: A Journey to Find Balance

Kim MacAvoy-Sorochoen MSN, RN, CEN & Samantha Herman BSN, RN, CEN, CPEN & Dina Kenyon BSN, RN, CEN

Come join us on a fun, engaging, and very interactive journey discussing nursing image. From Nurse Florence to Nurse Jackie we will look at how television, movies, and social media influence how nurses are viewed. We will also discuss what we can do and say to positively impact this image. So, bring your smart phones and witty comebacks, this is one journey you don't want to miss!

Kim MacAvoy-Sorochoen has been an Emergency Department nurse for 14 years. An accomplished presenter, she has spoken at the Student Nurse convention several times. She is the assistant nurse manager of the night shift in a 35-bed combined adult-pediatric department that sees 49,000 patients a year. Her interests include spending time with her family, mystery boxes, and volunteering as a swim official.

Samantha Herman has been employed in the healthcare field for over 11 years and has been practicing as a RN for 9 years. She is certified in emergency nursing and holds a passion and additional certification in pediatric emergency nursing. She is currently the pediatric liaison for the emergency department at a 35-bed suburban hospital. Miss Herman has recently obtained her BSN from Thomas Edison State University and is planning on pursuing her Master's this year.

Dina Kenyon graduated Mercer County Community College with an ASN in 2007 and received her BSN with honors from Thomas Edison State University in 2013. She has been an emergency nurse for 10 years. Additionally, she has experience with pediatric home care for medically fragile, chronically ill children. Dina is the chairperson of the ED Unit Based Council and the Skin Integrity Committee. Dina has presented posters at several conventions throughout the US on nurse driven skin prevention protocols. Outside of her enjoyment of nursing, Dina loves to spend time with her family, cooking, reading, and hiking.

Session 06-05

4:00-4:50 p.m.

Marlborough Salon B/C

Health Care Advocacy

Rosemary Mortimer, MS, MEd, RN, CCBE

The session will discuss how students can be involved politically and the difference one person can make in any organization but particularly the political arena. The speaker will also address the myths associated with being involved.

Rosemary Mortimer is the American Nurses Association (ANA) appointed consultant to the National Student Nurses Association (NSNA) Board of Directors. She has substantial leadership involvement in ANA, on both the national and state levels, knowledge of NSNA, and has a proven capacity for encouraging growth and mentorship among future nurses. She has always been thrilled to work with those who are willing to get involved outside of school; this has always engaged her. She teaches her students the importance of advancing policy and advocacy on behalf of the nursing profession. She been an educator for most of her career, and has

served in the US Army. Her clinical specialty is the maternity care. Rosemary has received many awards including the prestigious “Leader of Leaders” Award that is presented to a dean, faculty advisor, or state consultant who has made an outstanding contribution to student nurses.

Session 06-06

4:00-4:50 p.m.

Longwood/Imperial

End of Life: A Part of Nursing Education?

Mary Ellen Levine, MSN/Ed RN CPHN

End of life is a part of the human condition that seems to be, on the whole, missing from nursing curriculum. The American Nurses Association’s Palliative Care and Hospice Issues Advisory and Steering Committee collaborated to better understand these issues in nursing education. With no standard and even a complete lack of attention to these areas in keeping up with current palliative care and hospice nursing practice, the goal of this presentation will be to present the work of the committees with a focus on educational practices and gaps in curriculum.

Mary Ellen Levine is a hospice nurse with Karen Ann Quinlan Hospice and a nursing educator, who is presently an adjunct faculty teaching at Caldwell University. With over 30 years of experience, she specializes in hospice care and medical/surgical nursing, with additional experience in cardiac and respiratory acute care, pediatrics, home care, and school nursing. Mrs. Levine earned an Associate’s Degree in Nursing from Bergen Community College, Baccalaureate Degree in Nursing at Dominican College, School Nurse/Health Educator Certificate from Caldwell College, a Master’s degree in Nursing Education from Walden University and was recently certified as a hospice and palliative nurse through HPNA. She is an inductee of Sigma Theta Tau, International Honor Society for Nursing, a member of Region 1 of the New Jersey State Nurses Association, and active member of the American Nurses Association including serving on the Advisory Panel for Hospice and Palliative Care Issues in 2017. She is presently serving as Vice President of the New Jersey State Nurses Association focusing on membership, especially the New to Practice Nurse Professional. Mary Ellen attributes her success to her strong desire to advocate for both patients and fellow nurses. In her free time, she enjoys running and reading.

Session 06-07

4:00-4:50 p.m.

Blenheim

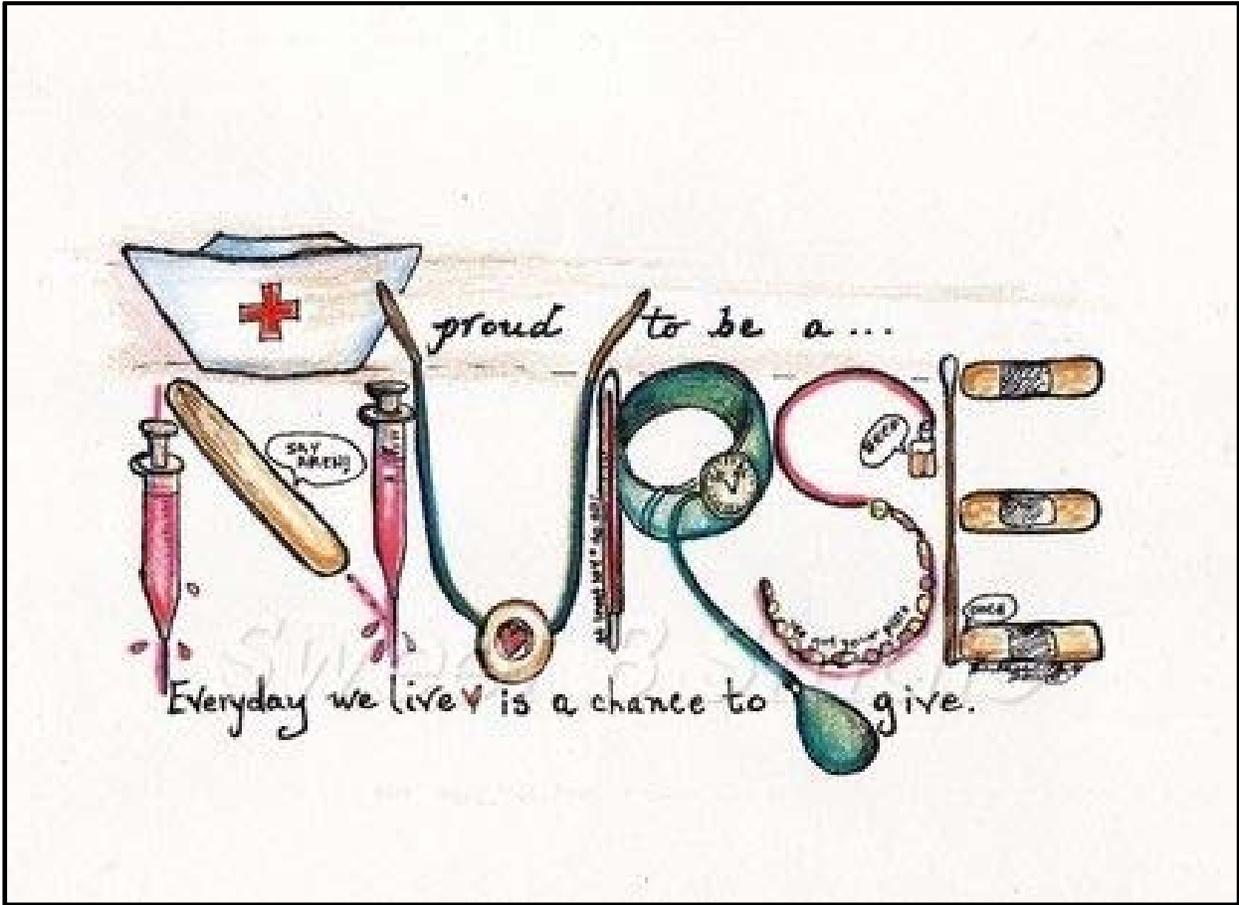
Nurturing Your Own Wellbeing + Dance Fitness

Zamara Amankwah

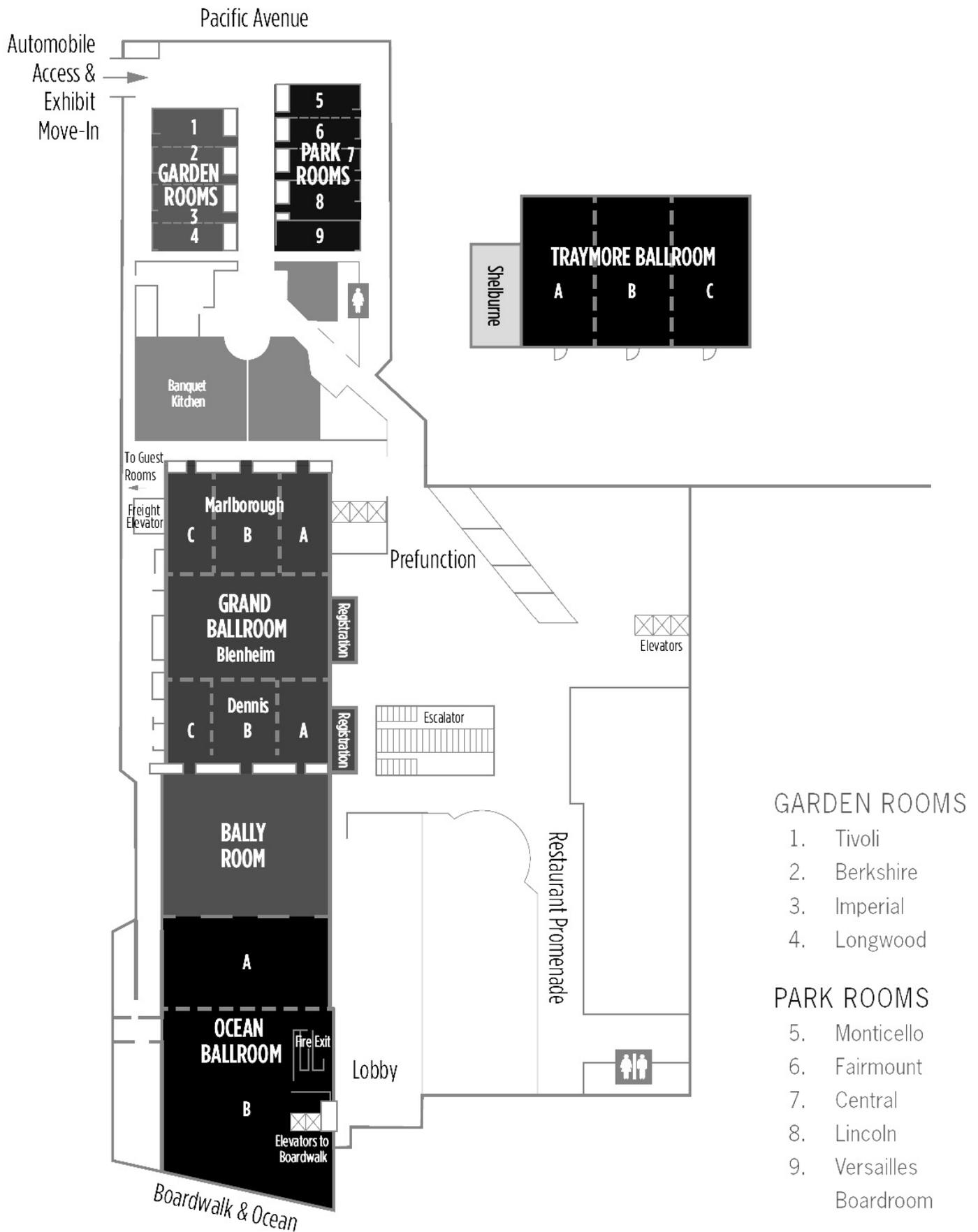
This presentation will focus on covering the 5 areas of wellbeing, physical, emotional, social, spiritual, intellectual, and ways to ensure that you are tending to the health of your well-being in and outside of work with an exercise dance fitness program at the end.

Zamara Amankwah is a young woman with a passion for improving the lives of others through health and wellness. She obtained her Bachelors of Science in Kinesiology with a concentration in Exercise and Sport Science from Temple University and holds certifications as a personal trainer and group fitness instructor. Zamara currently works as a Health Fitness Professional in the corporate setting creating health incentive program for employees as well as performing health assessments and teaching group exercise classes. She is currently a student at Saint Joseph’s University pursuing her Masters in Health Administration with a concentration in organizational leadership and development. In the fall of 2016, Zamara launched her own women’s health and wellness website Femme in Bloom. Femme in Bloom was created as a

platform for women of all ages to come together and discuss the process of blooming from adolescence to womanhood through the lens of health & wellness; health focusing on our physical health and wellness focusing on our social development, spiritual journeys and sexual maturation.



Map of Bally's



GARDEN ROOMS

1. Tivoli
2. Berkshire
3. Imperial
4. Longwood

PARK ROOMS

5. Monticello
6. Fairmount
7. Central
8. Lincoln
9. Versailles
- Boardroom

66th Annual Convention

Exhibitor Listing

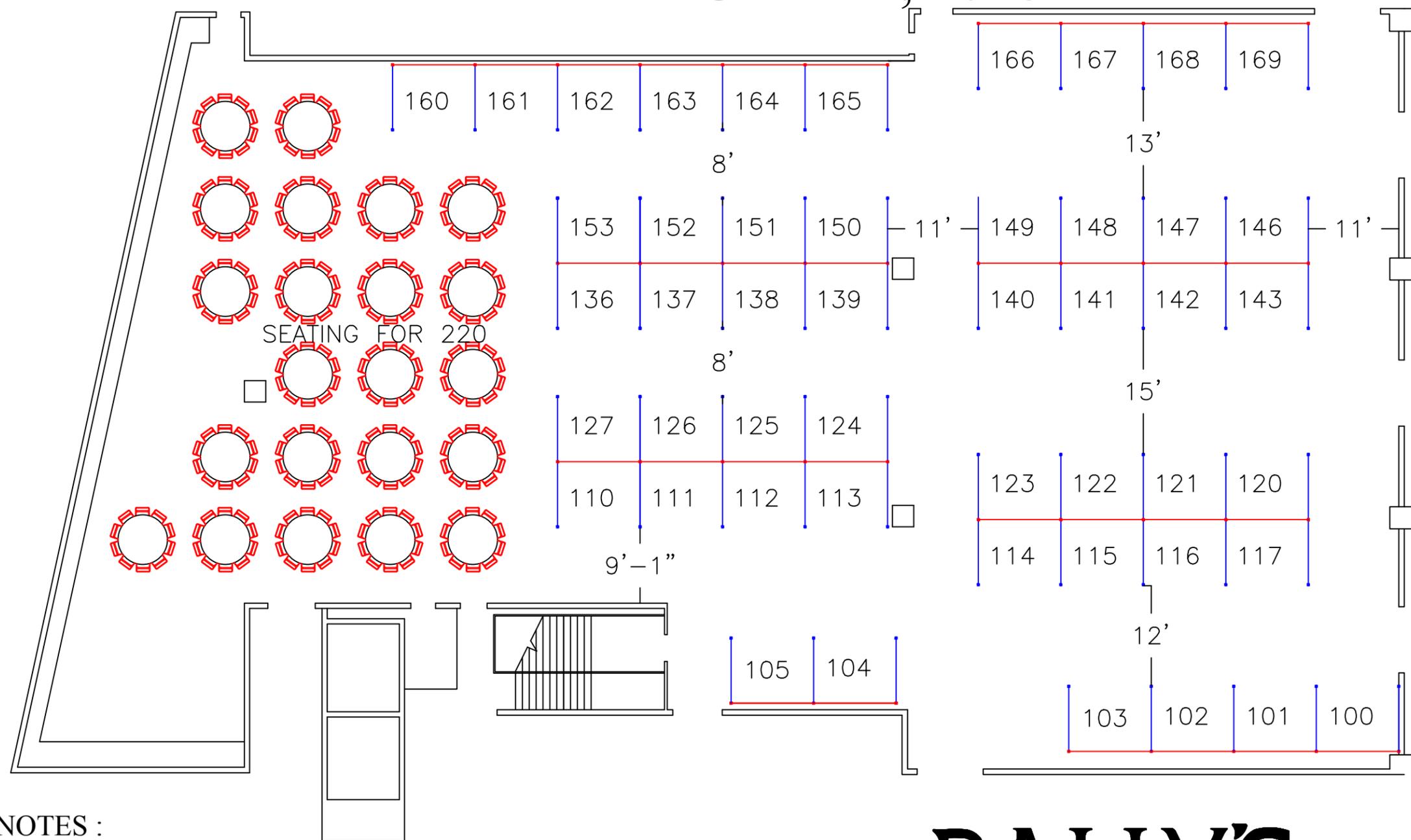
<u>Exhibiting Company</u>	<u>Booth Number</u>
ATI- Sponsor	115
Atlantic Health	110
Aureus Medical Group	137
Alvernia University	161
Becker Professional Group	147
Board Vitals	127
Caldwell University	151
Chamberlain University	139
College of Saint Elizabeth	153
Drexel University Online	120
EZ ABG's LLC	142
Fairleigh Dickinson University	149
Felician University	160
Gideons International	164
Grand Canyon University	167
HMP Communications	152
Hurst Review Services	125
I Can Publishing/Leading Learning LLC	123
Johns Hopkins School of Nursing	162
Kaplan Nursing- Sponsor	113
Kean University	143
Kessler Institute for Rehabilitation	165
LaSalle University	104
Mercy College	136
Messiah College Graduate Program in Nursing	105
Monmouth Medical Center-RWJ Barnabas Health	159

<u>Exhibiting Company</u>	<u>Booth Number</u>
New Jersey Affiliate American College Nurse Midwives	100
New Jersey City University	169
New Jersey League of Nursing- Sponsor	117
New Jersey Nursing Students Inc.	101, 102, 103
New Jersey State Nurses Association- Sponsor	116
Penn State Health	138
Preferred Home Health Care & Nursing Serv., Inc.	111
Ramapo College	146
Ramp	121
Rider University	122
Rowan University Global Learning & Partnerships	141
Rutgers School of Nursing	114
Saint Peters Health Care System	99
Saint Peters University	168
ScrubPocket.com	166
Seton Hall University	140
The College of New Jersey	126
Thomas Edison State University	112
United States Air Force	124
United States Navy	148
U World	150
Wilmington University	163

NJ NURSING STUDENTS

BALLY'S PARK PLACE HOTEL/CASINO

MARCH 1 - 2, 2018



NOTES :

- 1) ALL BOOTHS ARE 8' X 10' UNLESS OTHERWISE NOTED
- 2) ALL AISLES ARE NOTED UNLESS OTHERWISE NOTED
- 3) 48 TOTAL BOOTHS
- 4) ALL FLOORPLANS ARE SUBJECT TO FIRE MARSHALL APPROVAL

REVISIONS		
#	DATE	TIME
1	2-20-18	12 pm

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Member School Listing and Delegate Count

<u>School of Nursing</u>	<u>NSNA Members</u>	<u>Eligible Delegates</u>
Excelsior College	1	1
University of Phoenix- NJ	1	1
Atlantic Cape Community College	3	1
Bergen Community College	7	1
Bloomfield College	0	0
Brookdale Community College	5	1
Burlington County College	5	1
Caldwell University	27	2
Chamberlain College of Nursing	31	2
College of New Jersey	109	5
College of St Elizabeth	0	0
County College of Morris	10	1
Cumberland County College	0	0
Eastern International College	214	9
Easwick College	3	1
Essex County College	49	2
Fairleigh Dickinson University	1	1
Felician University	320	13
Georgian Court University	34	2
Gloucester Vounty College	1	1
Holy Name Hospital	4	1
Hudson County Community College	6	6
Jersey College School of Nursing	5	1
Kean University	1	1
Mercer County Community College	26	2
Middlesex County College	2	1
Muhlenberg Regional Medical Center	36	2
New Jersey City University	6	1
Ocean County College	4	1
Our Lady of Lourdes School	44	2
Passaic County Community College	21	1
Ramapo College- UMD	0	0
Raritan Valley Community College	1	1
Richard Stockton College	1	1
Rutgers University School of Nursing- Camden	464	18
Rutgers University School of Nursing-Newark/ New Brunswick	133	6

Saint Peters University	0	0
Salem Community College	1	1
Seton Hall University	7	1
St Francis Medical Center School of Nursing	21	1
Sussex County Community College	1	1
Thomas Edison State University	6	1
Trinitas School of Nursing	2	1
Union County College	4	1
Warren County Community College	0	1
William Paterson University	1	1

Convention Code of Attire & Conduct

The 2005-06 NSNA Board of Directors developed a Code of Conduct for NSNA Meetings. Item five under Meeting Etiquette states that “Professional business attire or business casual attire is acceptable style of dress for professional meetings.” The following suggestions are provided as guidelines for professional business and business casual attire.

Professional Business Attire

Women

- Suit or jacket and pants or skirt (Skirt length - knee length or below);
- Tailored dress; Blouse
- Shoes - comfortable low heeled pumps, loafers or boots
- Simple Jewelry

Men

- Suit - or jacket and slacks
- Shirt - traditional shirt with collar
- Tie
- Socks (of course)
- Dress Shoes & Matching Belt

Business Casual Attire

Yes, Business Casual

- Shirt with collar or polo style
- Slacks
- Chinos or Dockers - pressed Skirts
- Blazer or sweater
- Loafers or lace-up shoes

Not considered Business Casual

- T-Shirts and jeans
- Shorts or mini-skirts
- Bare midriffs or low-cut garments (back or front)
- Flip flops, sneakers, or sandals
- Athletic wear or leggings

Accessories can add a special touch of color, texture, and pattern to your outfit and are considered a complementary part of both business professional and business casual attire. Also, if you wear fragrance, keeping it light and minimal is recommended in a professional setting to be considerate of others you meet with who may be sensitive to chemicals.

Remember to shake hands, smile, and introduce yourself to new friends and old acquaintances. Exchange business cards (however, remember to use caution when giving out personal information such as home address, phone number, and e-mail address) and keep a file of contacts for future networking.

At the end of the convention, you'll be ready to schedule the many interviews you'll want to make with exhibitors; accept speaking engagements at state and school chapters; and attend meetings of professional nursing organizations. You've made a lasting first impression on your peers and the many business and nursing professionals you have met. You are on your way to a very successful nursing career!

References: Dress to Impress: Secrets of Proper Attire, The Career Center, Florida State University; Business Casual Attire, Career Services @ Virginia Tech

Rules for Business Meetings

Rule 1. All delegates shall keep badges in evidence throughout business sessions.

Rule 2. All delegates shall sit in the space designated for their respective constituents. Only delegates, monitors and NSNA staff on official business are allowed in the delegate area.

Rule 3. Delegates may not leave or be seated while a vote is in progress. Delegates and monitors must remain in place during a vote.

Rule 4. An alternate may only substitute for a delegate when the delegate will be absent for the entire business meeting of that day. The alternate's name and signature must appear on the Delegate Credential Form, and the alternate must be wearing the delegate's ribbon at the time of the substitution. The alternate will remain the delegate for the entire business meeting of the day.

Rule 5. All speakers shall give their name and the name of their constituent chapter, and nothing else.

Rule 6. Prior to presentation, motions must be written on the form provided and delivered to the chair.

Rule 7. Only delegates may propose or vote on motions.

Rule 8. Debate on a single issue shall be limited to 15 minutes.

Rule 9. When speaking to a motion, each delegate shall be limited to 2 minutes. Members of NSNA and other guests who are not delegates shall be limited to 1 minute.

Rule 10. No delegate shall speak more than twice to a motion, and no delegate who has already spoken may speak again until those who desire to speak have had an opportunity to do so. Members of NSNA and other guests who are not delegates may speak once to an issue.

Rule 11. Speakers are recognized by the Chair in the order in which they reach the microphone, alternating between pro and con speakers as long as a normal flow of debate is maintained. Debate on a motion cannot be closed until a minimum of one pro and one con have been heard unless there are no pros and cons to be heard.

Rule 12. Speakers must use a red card at the designated microphone to make a point of order, parliamentary inquiry, appeal the decision of the chair, or ask for division of a question. These will have precedence over all other speakers.

Rule 13. Monitors may pass notes that pertain to business before the House of Delegates among people present at the House of Delegates business meeting.

Rule 14. All main motions introduced to the House shall be accompanied by a rationale and estimate of cost to the association, if appropriate.

Rule 15. Only topic and proposed changes for resolutions be read in the House of Delegates.

Parliamentary Rules

Business Meetings

To participate effectively in the proceedings of the House of Delegates, each delegate needs to be familiar with the fundamental rules of parliamentary procedure. These rules enable the delegates to transact business with the least possible friction, with expediency and efficiency, and in a manner fair to all. The minority, as well as the majority, is enabled to express its views, to make motions, and to vote. The parliamentary rules guideline followed by the National Student Nurses' Association is Robert's Rules of Order Newly Revised.

Main Motions

A main motion introduces a new item of business; until this is disposed of, no other main motion may be considered, as there can be only one main motion pending at a time. The making of a motion comes first, discussion follows.

The steps relating to the handling of a main motion are:

- The motion is printed on a motion form signed by maker and seconder, passed to a monitor who will relay it to the chair. The maker of motion keeps the last copy.
- The motion is introduced by a delegate. The delegate states his/her name, constituency and motion number.
- A delegate may second the motion if needed by calling out, "I second the motion."
(Committee motions do not require a second.)
- The Chair restates the motion.
- The Chair then asks for discussion giving the maker of the motion the first opportunity to speak (thereafter, insofar as possible, debate alternates between those in favor and those against).
- Any NSNA member may speak;; only official delegates, however, may make motions or vote (NSNA Bylaws, Article VII, Sections 4 and 5).
- A delegate may, during the discussion and when recognized by the Chair, introduce a subsidiary, incidental, privileged, or certain other motion.
- The discussion at all times must relate to the immediately pending question.
- After the discussion, or as it appears appropriate, the Chair asks, "Are you ready for the question?" or "Is there further discussion?"
- The Chair repeats the motion and calls for affirmative vote, then calls for the negative vote.
- The Chair announces the result of the vote. If the vote is on any motion made subsequent to the main motion, the discussion is directed to the next ranking motion until there has been a decision concerning the main motion.



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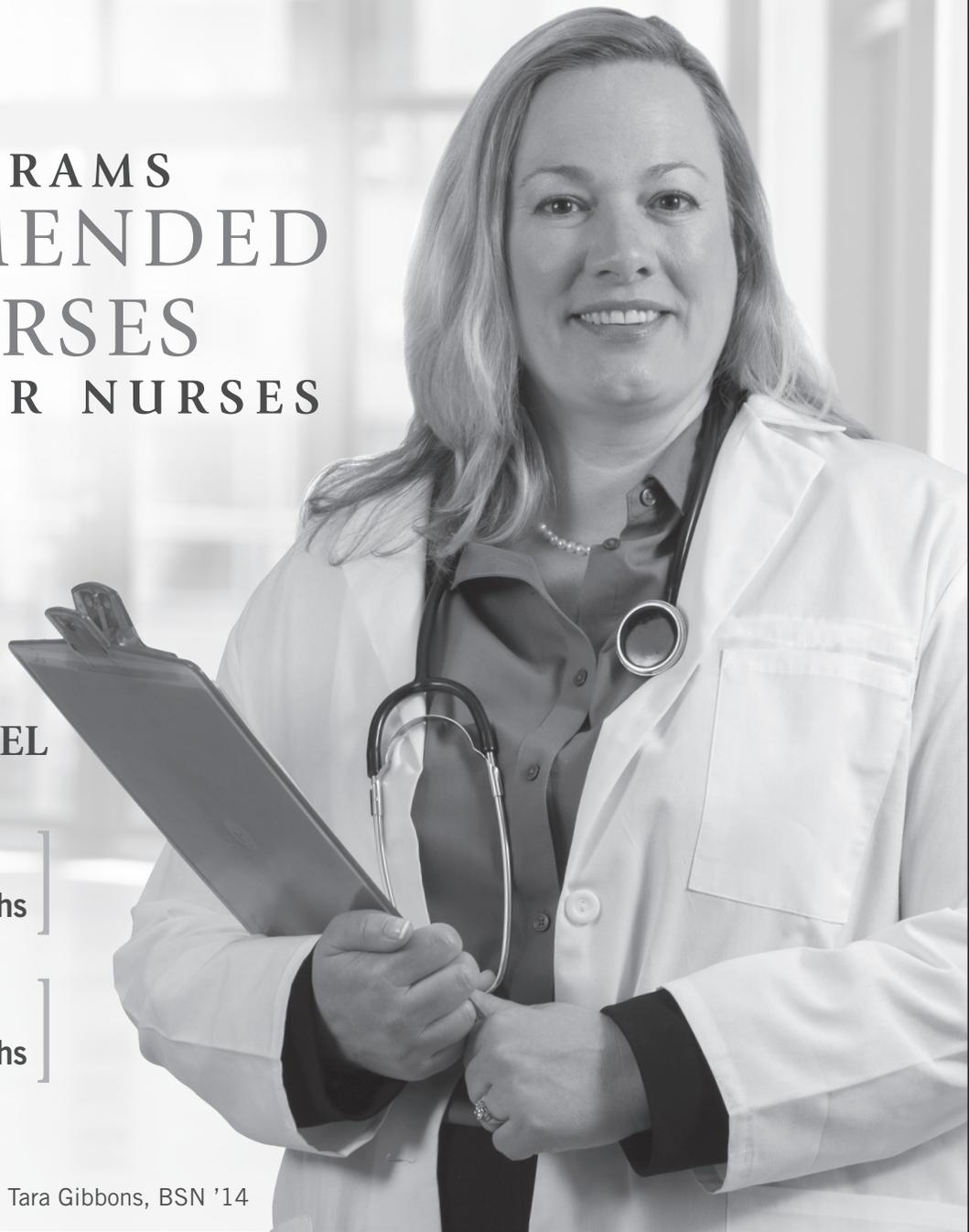
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